

# *Substance Abuse Prevention*

Resource Directory  
of

*Trainers and Speakers*

In Maine

October 2004

*Substance Abuse Prevention*  
Resource Directory of  
*Trainers and Speakers*  
In Maine

Contents

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- II: Index by Topic Areas
- III: Resources Listed in Alphabetical Order  
(Organizations Listed First – Followed by Individuals)
- IV: Additions & Changes Form

## Using the Directory

### What is this Directory?

This directory is an alphabetical listing of providers of services across the State of Maine. They provide an assortment of trainings, workshops, technical assistance and speakers in seventeen prevention categories plus an interesting combination of "other" related topics. The *Directory* also identifies where in the state these organizations and individuals will provide their services, and if there are related expenses. Now you can find some answers to:

- Who provides . . .
- What services . . .
- Where . . .
- And for how much.

### How do I use the Directory?

To find a resource, look through the Resource Directory Index at the front of the Directory. All providers are listed alphabetically under broad topic areas, such as Family Dynamics and Violence Prevention. You will find the names of the individuals, the organizations they are affiliated with, if any, and the titles of their particular presentations. If a providers services fall under more than one heading, he or she will be listed more than once.

When you find a provider who interests you, go to the body of the document, and find that individual/organization in alphabetical order. The resource pages for each person include contact and fee information, a description of the service and other details.

Please contact the providers directly for the particulars of services and any related costs.

### Can other resources be added?

New additions, deletions and corrections can be submitted to the Office of Substance Abuse by using the *Additions and Changes* form provided in the back of this document.

### Who can I contact for more information or for assistance?

Office of Substance Abuse  
Information and Resource Center  
159 State House Station  
A.M.H.I. Complex, Marquardt Building  
Augusta, ME 04333-0159

**Ph:** (Toll Free in Maine): 1-800-499-0027 or 207-287-8900

**TTY** (Toll Free in Maine): 1-800-215-7604 or 207-287-4475

**Fax:** (207) 287-8910    **E-Mail:** [osa.ircosa@maine.gov](mailto:osa.ircosa@maine.gov)    **Web:** <http://www.maineosa.org>

Listing of resources in this Directory should not be construed or interpreted as an endorsement by the Office of Substance Abuse (OSA).

In accordance with federal and state laws, the Maine Office of Substance Abuse, DHHS, does not discriminate on the basis of disability, race, color, creed, gender, age or national origin in admission or access to treatment, services or employment in its programs and activities.

This information is available in alternate formats upon request.

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# Directory Index

## Adolescent Chemical Dependency

Name	Organization	Title
Lakari, Carl	Project Aware/Carl Lakari Inc	Youth Empowerment Workshops
Smith, Barbara M.Ed.		Alcoholism and the Teenage Brain: How Kids Get Addicted

## Adventure Based Prevention Program

Name	Organization	Title
Barker, Linda B.A.	South Portland Police Department	Adventure Based Activities
Cross, Dave	Action Learning Consultants	Introductory/Advanced Action learning Concepts
Dowling, Kevin LSW Drug Demand Reduction Progra	Maine National Guard-Dept. of Defense, Veteran's & Emergency Management	Team Building/Decision Making Adventure Program
Saufler, Chuck	Bullyfree ME	Adventure Based Prevention Program

## Asset Development

Name	Organization	Title
Duffey, Tim	Common Ground in Prevention	Asset Development
Sterling, Lauren	Governor's Children's Cabinet	The Asset Approach to Positive Youth Development

## Family Dynamics

Name	Organization	Title
	Mid Coast Hospital, Addiction Resource Center	Family Dynamics
Roy, Laurent B.	Community Family Consultant	Supporting Successful Parenting
Smith, Barbara M.Ed.		Alcoholism and the Family

## Grant Writing

Name	Organization	Title
Barker, Linda B.A.	South Portland Police Department	Grant Writing
Lakari, Carl	Project Aware/Carl Lakari Inc	Non-Profit Capacity Building and Grant Writing Services
Sterling, Lauren	Governor's Children's Cabinet	Grant Writing

## Interactive Theater

Name	Organization	Title
	Improbable Players	Substance Abuse Education
	Young Adult Abuse Prevention Program (YAAPP)	High School Presentations
	Young Adult Abuse Prevention Program (YAAPP)	Middle School Presentations
Dowling, Kevin LSW		Interactive Theater/Social Drama
Plourde, Cathy	ADD Verb Productions Arts & Education	Interactive Theater

## Mentoring

Name	Organization	Title
	University of Maine Cooperative Extension	Teen Parent Program
Sterling, Lauren	Governor's Children's Cabinet	College/Community Mentoring

## Other -

Name	Organization	Title
	Maine Association of Child Abuse & Neglect Councils	Utilization of Focus Groups
	Center for Grieving Children	Grief & Loss/Crisis Intervention
	AdCare Educational Institute of Maine	Youth Empowerment and Policy Group

## Other -

Name	Organization	Title
	Maine Bureau of Health. Healthy Maine Partnerships	Healthy Maine
	Maine Bureau of Health. Healthy Maine Partnerships	Healthy Maine
	Maine Bureau of Health. Healthy Maine Partnerships	Healthy Maine
	Maine Youth Action Network	Regional Trainings
Berger, Tim	LISTEN	
Cox, Allyson	Maine Office of Substance Abuse & Maine National Guard	Drug Demand Reduction Program (DDRP)
Cross, Dave	Maine Youth Voices/AdCare Educational	Developing Youth Empowered Prevention
Grant, Bob	Camp Kieve/The Leadership Decisions Institute	Educator Programs
Grant, Bob	Camp Kieve/The Leadership Decisions Institute	Student Programs
McWilliams, Sheryl S. MPH, RN	Parkview Adventist Medical Center	Lifestyle Choices
McWilliams, Sheryl S. MPH, RN	Parkview Adventist Medical Center	Understanding Stress and How to Deal With It.
Pariser, Emanuel	Community School	Alternative Education
Pecukonis, Stephen	HRD Associates	Group Dynamics
Perry, Robert E.		HIV/AIDS Education
Rudoff, Fran	KIDS Consortium	KIDS as Planners: Implementing Service Learning
Rudoff, Fran	KIDS Consortium	KIDS as Planners: Implementing Service Learning
Rudoff, Fran	KIDS Consortium	KIDS as Planners: Implementing Service Learning
Saladino, Tom	MSAD #27	Providing Outstanding Customer Service
Saladino, Tom	MSAD #27	Communication to Improve Health Outcomes
Saladino, Tom	MSAD #27	Choices and Changes
Stern, Kate Executive Director	York County Child Abuse & Neglect Council, Inc.	Child Abuse Prevention Program
Stevens, Jeri LCPC	Chandler Bay Resources	Communication Skills
Stevens, Jeri LCPC	Chandler Bay Resources	Stress: The Ultimate Toxin
Tash, Renee	Mayo Regional Hospital	Be Proud Be Responsible
Tash, Renee	Mayo Regional Hospital	"Get Real About AIDS" HIV/AIDS Prevention
Vassallo, Andrea	Healthy Kids	Recognizing & Reporting Abuse

## Parenting for Prevention

Name	Organization	Title
	Maine Association of Child Abuse & Neglect Councils	Parenting for Prevention
	University of Maine Cooperative Extension	Parents are Teachers, Too
Duffey, Tim	Common Ground in Prevention	Parenting for Prevention
Grant, Bob	Camp Kieve/The Leadership Decisions Institute	Parent Programs
Smith, Barbara M.Ed.		Parenting for Prevention
Stern, Kate Executive Director	York County Child Abuse & Neglect Council, Inc.	
Stevens, Jeri LCPC	Chandler Bay Resources	Parents Working With Schools
Troy, Carol	The Women's Project at PROP	Alcohol-Related Birth Defects
Troy, Carol	The Women's Project at PROP	Your Children and You in Early Recovery
Vassallo, Andrea	Healthy Kids	How to Talk so Kids Will Listen
Vassallo, Andrea	Healthy Kids	Dignified Discipline Class
Vassallo, Andrea	Healthy Kids	Safe Touch/Problem Touch

## Resiliency

Name	Organization	Title
Duffey, Tim	Common Ground in Prevention	Resiliency
Grant, Bob	Camp Kieve/The Leadership Decisions Institute	Resiliency Training
Judkins, Randy B.S.	R. Judkins "EnterSURprises"	Full Esteem Ahead
Rudoff, Fran	KIDS Consortium	Service Learning as a Strategy for Resiliency

## Self-destructive Behavior

Name	Organization	Title
Dutil, Linda R.N.		"A Dose of Reality"

## Smoking Prevention

Name	Organization	Title
	Maine Bureau of Health. Healthy Maine Partnerships	Healthy Maine
Barker, Linda B.A.	South Portland Police Department	Smokeless Saturday Program
Dutil, Linda R.N.		"A Puff of Reality"
McWilliams, Sheryl S. MPH, RN	Parkview Adventist Medical Center	Breathe Free Plan to Quit Smoking
Plourde, Cathy	ADD Verb Productions Arts & Education	Butt of Course
Tash, Renee	Mayo Regional Hospital	N.O.T. Program

## Substance Abuse Education for Staff/Other Adults

Name	Organization	Title
	Mid Coast Hospital, Addiction Resource Center	Substance Abuse Education for Staff
	Maine Criminal Justice Academy-DITEP	Drug Impairment Training for Education Professionals
Bailey, Aaron	Brunswick Police Department	
Goggins, Carl F. Jr. CCDC, DAC,	Straight Talk	Substance Abuse
Simone, Karen Pharm. D., DABA	Northern New England Poison Center	Substance Abuse Education for Staff/Other Adults
Smith, Barbara M.Ed.		Substance Abuse Education
Smith, Barbara M.Ed.		Alcohol Abuse: Its Effect on the Family
Tash, Renee	Mayo Regional Hospital	Here's Looking At You
Troy, Carol	The Women's Project at PROP	Fetal Alcohol Syndrome/Fetal Alcohol Effects (FAS/FAE)
Troy, Carol	The Women's Project at PROP	Prescription Drug Abuse

## Suicide Prevention

Name	Organization	Title
O'Halloran, Susan	Medical Care Development	Youth Suicide Prevention & Gatekeeper Training



## Talking to Kids About Drugs (For Parents)

Name	Organization	Title
Smith, Barbara M.Ed.		Talking to Kids About Alcohol & Drugs

## Violence Prevention

Name	Organization	Title
	New Hope For Women	Domestic and Dating Violence Project
	Maine Association of Child Abuse & Neglect Councils	Child Abuse & Prevention Related Issues
	WomanCare	Violence Prevention
	Next Step	Domestic Violence Project
	Family Crisis Services	
	Caring Unlimited	
	Abused Women's Advocacy Project	
	Young Adult Abuse Prevention Program (YAAPP)	Youth Educator Program
	Young Adult Abuse Prevention Program (YAAPP)	Faculty/Staff Training
	Rape Response Services	Sexual Assault Crisis Center
	Family Violence Project	Domestic Violence Prevention
Davis, Stan	Stop Bullying Now	Stop Bullying Now
Hall Dreher, Susan MHSA	Sexual Assault Support Services of Midcoast Maine	Sexual Harassment and/or Sexual Assault Prevention.
Kennedy, Ed LSW	Jaycee Crime Prevention	Jaycee Crime Prevention Program
Luce, James L. SGT.	Maine State Police	Dealing with a Suicidal Person
Luce, James L. SGT.	Maine State Police	First Responder to Critical Incident
Luce, James L. SGT.	Maine State Police	Violence In The Workplace
Marble, Katherine	Healthy Community Coalition	Peace in our Families.
McIntyre, Marty	Sexual Assault Crisis Center	Sexual Harassment: Awareness and Response
Meo, Darcy	Sexual Assault Crisis Center	Violence Prevention
Plourde, Cathy	ADD Verb Productions Arts & Education	You the Man
Roberts, Kim	Maine Coalition to End Domestic Violence	Maine Coalition to End Domestic Violence
Saufler, Chuck	Bullyfree ME	Violence Prevention Program
Saufler, Chuck	Bullyfree ME	Bullying Prevention
Sequoia, Mitzi LMSW, RADC, M	Community Concepts Inc.	Violence Prevention
Stark, Francine	Spruce Run Association	Domestic Violence Project

Abused Women's Advocacy Project  
P.O. Box 713  
Auburn, ME 04210-0713

**Regions Served:** Oxford / Androscoggin / Franklin

**Home Phone #:**

**Fee:** Yes

**Work Phone #:** (207) 795-6744

Negotiable

**Toll Free #:**

**Travel Expenses:** No

**Fax #:** (207) 795-6814

**Other Charges:** No

**TTY #:**

**Email:** awap@awap.org

**Web Page:** www.awap.org

1 **Topic Area:** Violence Prevention

**Service** ☒ Training or Workshop

**Name:** Domestic Violence Project

☒ Speaker

☒ Technical Assistance

**Description** Provides information on the dynamics of domestic violence and the effects of abuse on the family. Workshops can be customized for law enforcement, medical professionals and schools.

The Maine Coalition to End Domestic Violence was formed in 1977 by women who joined together to help battered women and their children and to work toward ending domestic abuse in Maine. MCEDV consists of a state office and member projects, which together provide direct services (a 24-hour hotline system at each project; emergency shelter, referrals and information; court advocacy; support groups; and monitoring of batterer's education programs) as well as public information, technical assistance, and training for law enforcement agencies, medical professionals, and state and local entities in Maine.

**Notes:**

AdCare Educational Institute of Maine  
75 Stone St.  
Augusta, ME 04330

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 626-3615

**Toll Free #:** (800) 886-3933

**Fax #:** (207) 621-2550

**TTY #:**

**Travel Expenses:** Yes

**Other Charges:** No

**Email:** strussell@neias.org

**Web Page:** www.neias.org/YEP

1 **Topic Area:** Other -

**Service** ☒ Training or Workshop

**Name:** Youth Empowerment and Policy Group

☒ Speaker

☐ Technical Assistance

**Description** This is a group of high school and college age youth who are aggressively working on improving underage drinking law enforcement in the state of Maine and who can provide youth led workshops on how to improve the enforcement of underage drinking laws.

The Youth Empowerment and Policy Group is in its 4th year. The group has made some major impact on underage drinking in relation to athletic policies in schools, with the document they developed passing through legislature for the Dept. of Ed. To look at. This year they have already made several steps in implementing the new document that focuses on underage drinking and law enforcement.

**Notes:**

**Regions Served:** York

**Fee:** No

Other

Travel Expenses: No

**Other Charges:** No

**Web Page:** [www.caring-unlimited.org](http://www.caring-unlimited.org)

**1 Topic Area:** Violence Prevention

**Service** ☒ Training or Workshop

**Name:** Domestic Violence Project

☒ Speaker

☒ Technical Assistance

<b>Description</b>	Provides information on the dynamics of domestic violence and the effects of abuse on the family. Workshops can be customized for law enforcement, medical professionals and schools.
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Caring Unlimited, York County's Domestic Violence Program was formed in 1977 by women who joined together to help battered women and their children and to work toward ending domestic abuse in Maine. Caring Unlimited provides direct services (a 24-hour hotline, emergency shelter, referrals and information; court advocacy; support groups; and monitoring of batterer's education programs) as well as public information, technical assistance, and training for law enforcement agencies, medical professionals, and state and local entities in Maine.

**Notes:**

Center for Grieving Children  
P.O. Box 1438  
Portland, ME 04104

**Regions Served:** All of Maine

**Home Phone #:**  
**Work Phone #:** (207) 775-5216 106  
**Toll Free #:**  
**Fax #:** (207) 773-7417  
**TTY #:**  
**Email:** patricia@cgcmaine.org  
**Web Page:** www.cgcmaine.org

**Fee:** Yes  
Negotiable  
**Travel Expenses:** Yes  
**Other Charges:** Yes

**1 Topic Area:** Other -

**Name:** Grief & Loss/Crisis Intervention

**Description** The outreach program provides education, assistance, training and networking to schools, businesses and communities. Workshops are provided on such topics as grief and loss, talking to children about death or life threatening illness, developing a school or business crisis plan. Training on our Peer Support Model used to run our groups is also available. We are part of a national network which includes six Centers in Maine. Other programs provide peer support groups to families who are grieving the death or coping with the life threatening illness of a family member or friend. We also run peer support groups in collaboration with two Portland schools for children from war-torn countries. In addition, we respond to current events, for example this year we are providing some Sunday afternoons of outreach to military families where one or more parents have been deployed.

**Service** ☒ Training or Workshop  
☒ Speaker  
☒ Technical Assistance

The Center for Grieving Children has a 16 year history working with children and their families when someone in their family has died or has been diagnosed with a life threatening illness.

Patricia Ellen is Assistant Program Director at the Center for Grieving Children. She has a B.A. and M.A. in education with over 25 years of experience in designing and presenting workshops. Patricia participated in a week long cultural competency training. She is also trained as an interfaith minister and a body-mind counselor. She has been on staff for over three years.

Anne Lynch is Executive Director at the Center for Grieving Children. She graduated with a B.A. in Business and a post graduate diploma in Education with over 15 years teaching experience in Ireland and the U.S. She was a volunteer facilitator at the Center for 3 years and has been a staff member for 8 years.

**Notes:**

Family Crisis Services  
P.O. Box 704  
Portland, ME 04104

**Regions Served:** Cumberland, Sagadahoc

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 767-4952

Negotiable

**Toll Free #:** (207) 767-8109

**Travel Expenses:** No

**Fax #:**

**Other Charges:** No

**TTY #:**

**Email:**

**Web Page:** [www.familycrisis.org](http://www.familycrisis.org)

**1 Topic Area:** Violence Prevention

**Service** ☒ Training or Workshop

**Name:** Domestic Violence Project

☒ Speaker

☒ Technical Assistance

**Description** Provides information on the dynamics of domestic violence and the effects of abuse on the family. Workshops can be customized for law enforcement, medical professionals and schools.

Family Crisis Services was founded in 1977 to help battered women and their children. We provide direct services, 24 hr hotline, emergency shelter, referrals and information, court advocacy, support groups, monitoring of batterer's education programs, as well as public information, training for law enforcement agencies, medical professionals and state and local entities in Cumberland and Sagadahoc Counties.

**Notes:**

Family Violence Project  
P.O. Box 304  
Augusta, ME 04332-0304

**Regions Served:** Kennebec / Somerset

<b>Home Phone #:</b>	<b>Fee:</b>	Yes
<b>Work Phone #:</b> (207) 623-8637		
<b>Toll Free #:</b>	<b>Travel Expenses:</b>	No
<b>Fax #:</b>	<b>Other Charges:</b>	No
<b>TTY #:</b>		
<b>Email:</b> fvpmail@mint.net		

**Web Page:** <http://home.gwi.net/~circle/fvp/>

<b>1</b>	<b>Topic Area:</b> Violence Prevention	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Domestic Violence Prevention		<input checked="" type="checkbox"/> Speaker
	<b>Description</b> Provides education, shelter, advocacy and intervention services. Some children's services are also provided.		<input checked="" type="checkbox"/> Technical Assistance

The Family Violence Project is an independent, nonprofit organization dedicated to serving the special needs of women, children, and men who are experiencing domestic abuse. Our services to families and individuals are free. Businesses and institutions are asked to pay a fee for educational trainings or presentations. The Somerset County office phone number is 474-8860.

**Notes:**

Improbable Players  
P.O. Box 746  
Watertown, MA 02471-0746

**Regions Served:** All of Maine

<b>Home Phone #:</b>	<b>Fee:</b>	Yes
<b>Work Phone #:</b> (617) 926-8124		
<b>Toll Free #:</b> (800) 437-4303	<b>Travel Expenses:</b>	Yes
<b>Fax #:</b> (617) 926-8315	<b>Other Charges:</b>	No
<b>TTY #:</b>		
<b>Email:</b> players@improbableplayers.org		
<b>Web Page:</b> www.improbableplayers.org		

<b>1</b>	<b>Topic Area:</b> Interactive Theater	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Substance Abuse Education		<input checked="" type="checkbox"/> Speaker
			<input checked="" type="checkbox"/> Technical Assistance
	<b>Description</b>		
	The Improbable Players offer eight different plays that spotlight tough social problems as they relate to substance abuse: alcoholism in the family, relationship violence, HIV/AIDS, elderly health issues and many others. All of the actors and staff of The Improbable Players are in recovery from alcohol or other drug abuse. The Improbable Players also offer a variety of role-play workshops customized for your organization's/school's needs.		

In 1984, a unique group of professional actors, who were also recovering alcoholics and addicts, formed a touring theater company with the goal of spreading the word of hope and recovery from substance abuse. The Improbable Players are highly regarded as pioneers in the use of drama in prevention. Their original show, "I'll Never Do That!" has played to over a quarter of a million people in schools from elementary to college, community organizations, businesses, and conferences nationwide. The Improbable Players are often tapped to create new works for professional conferences and training sessions about the impact of substance abuse on the workplace, elderly problems with domestic abuse, and the judicial system, among others.

**Notes:**



Maine Association of Child Abuse & Neglect  
Councils  
62 Portland Rd. #15  
Kennebunk, ME 04043

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 985-5975

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 985-1758

**Other Charges:** No

**TTY #:**

**Email:** kates@yccanc.org

**Web Page:** www.youthalternatives.org

- |   |   |   |
|---|---|---|
| 1 | <b>Topic Area:</b> Parenting for Prevention<br><br><b>Name:</b> Parenting for Prevention<br><br><b>Description:</b> Reaching out to parents in creative ways to provide education and support.  | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
| 2 | <b>Topic Area:</b> Violence Prevention<br><br><b>Name:</b> Child Abuse & Prevention Related Issues<br><br><b>Description:</b> Training available in identifying, reporting and mobilizing the community to prevent child abuse.           | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
| 3 | <b>Topic Area:</b> Other -<br><br><b>Name:</b> Utilization of Focus Groups<br><br><b>Description:</b> Provides education and training for facilitators to organize and conduct focus groups for the purpose of getting consumer feedback. | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |

Kate Stern offers extensive experience in the area of training, community education, and mobilizing the community around issues of child abuse. She is the President of the Maine Association of Child Abuse Councils, and can refer callers to their local resources on child abuse prevention.

**Notes:**

Maine Bureau of Health. Healthy Maine  
Partnerships  
11 Statehouse Station  
Augusta, ME 04333-0011

**Regions Served:** All of Maine

**Home Phone #:** (207) 287-8417

**Fee:** No

**Work Phone #:**

**Toll Free #:**

**Fax #:** (207) 287-4631

**Travel Expenses:** No

**TTY #:**

**Other Charges:** No

**Email:**

**Web Page:** [www.healthymainepartnerships.org](http://www.healthymainepartnerships.org)

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- |   |   |                |  |
|---|---|----------------|--|
| 1 | <b>Topic Area:</b> Other -                              | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|   | <b>Name:</b> Healthy Maine                              |                | <input checked="" type="checkbox"/> Speaker              |
|   | <b>Description</b> Coordinated School Health Program    |                | <input type="checkbox"/> Technical Assistance            |
|   |   |                |  |
| 2 | <b>Topic Area:</b> Other -                              | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|   | <b>Name:</b> Healthy Maine                              |                | <input checked="" type="checkbox"/> Speaker              |
|   | <b>Description</b> Maine Cardiovascular Health Program  |                | <input type="checkbox"/> Technical Assistance            |
|   |   |                |  |
| 3 | <b>Topic Area:</b> Smoking Prevention                   | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|   | <b>Name:</b> Healthy Maine                              |                | <input checked="" type="checkbox"/> Speaker              |
|   | <b>Description</b> Partnership for a Tobacco Free Maine |                | <input type="checkbox"/> Technical Assistance            |
|   |   |                |  |
| 4 | <b>Topic Area:</b> Other -                              | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|   | <b>Name:</b> Healthy Maine                              |                | <input checked="" type="checkbox"/> Speaker              |
|   | <b>Description</b> Community Health Program             |                | <input type="checkbox"/> Technical Assistance            |

The community and school health coalitions provide referrals to trainers or speakers on physical activity, nutrition and tobacco. To locate the partnership in your area, visit the Health Maine web site at: <http://www.healthymainepartnerships.org>

Notes:

Maine Criminal Justice Academy-DITEP  
15 Oak Grove Road  
Vassalboro, ME 04989

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 877-8009

**Toll Free #:**

**Travel Expenses:** No

**Fax #:**

**Other Charges:** No

**TTY #:**

**Email:** James.A.Lyman@maine.gov

**Web Page:**

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- |   |   |   |
|---|---|---|
| 1 | <b>Topic Area:</b> Substance Abuse Education for Staff/Other Adults   | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop           |
|   | <b>Name:</b> Drug Impairment Training for Education Professionals   | <input type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |
|   | <b>Description</b> The goal of DITEP is to enable education professionals to identify chemically impaired individuals and types of drugs for the purpose of ensuring a safe learning environment. Participants in this seminar will be better able to recognize substances of abuse and impaired individuals and be able to make referrals utilizing the appropriate resources. |   |

Contact James Lyman for Drug Impairment Training for Education Professionals (DITEP) availability in your area.

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**Notes:**

Maine Youth Action Network  
510 Cumberland Ave.  
Portland, ME 04101

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 842-2988

**Toll Free #:**

**Travel Expenses:** No

**Fax #:** (207) 874-1155

**Other Charges:** No

**TTY #:**

**Email:**

**Web Page:** [www.myan.org](http://www.myan.org)

1 **Topic Area:** Other -

**Service** ☒ Training or Workshop

**Name:** Regional Trainings

☐ Speaker

☒ Technical Assistance

**Description** MYAN is working with Healthy Maine Partnerships (HMP) to provide local Youth Advocacy Programs (YAP) with ongoing training and technical assistance. MYAN will work with YAP coordinators and youth to build and develop strong peer advocacy programs.

Contact Sage Hayes, Training and Advocacy Specialist, for information on programs. ([rhayes@usm.maine.edu](mailto:rhayes@usm.maine.edu))

**Notes:**

Mid Coast Hospital, Addiction Resource Center  
66 Baribeau Drive  
Brunswick, ME 04011

**Regions Served:** Cumberland, Waldo / Knox / Lincoln / Sagadahoc

**Home Phone #:**  
**Work Phone #:** (207) 373-6950  
**Toll Free #:**  
**Fax #:** (207) 373-6959  
**TTY #:**  
**Email:** mhylen@midcoasthealth.com

**Fee:** No  
**Travel Expenses:** No  
**Other Charges:** No

**Web Page:**

- |          |  |  |
|----------|--|--|
| <b>1</b> | <b>Topic Area:</b> Substance Abuse Education for Staff/Other Adults<br><br><b>Name:</b> Substance Abuse Education for Staff<br><br><b>Description:</b> Training will offer an overview of the general issues within chemical dependency. It will identify the stages of use, describe the signs and symptoms and address themes in treatment. Resources in the community with be explored. | <b>Service</b> <input type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |
| <b>2</b> | <b>Topic Area:</b> Family Dynamics<br><br><b>Name:</b> Family Dynamics<br><br><b>Description:</b> How are families profoundly affected by drug and alcohol abuse? What is the genetic piece? How can families rebuild? Families have tremendous power, how can it be mobilized?  | <b>Service</b> <input type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |

Services are available in Lincoln, Sagadahoc and Northern Cumberland counties. Michele Hylen is the manager of the Addiction Resource Center and serves as contact person. Speakers will vary depending upon the topic.

**Notes:**

New Hope For Women  
P.O. Box A  
Rockland, ME 04841-0733

**Regions Served:** Knox, Lincoln, Waldo

<b>Home Phone #:</b>	<b>Fee:</b>	No
<b>Work Phone #:</b> (207) 594-2128		
<b>Toll Free #:</b> (800) 522-3304	<b>Travel Expenses:</b>	No
<b>Fax #:</b> (207) 594-0811	<b>Other Charges:</b>	No
<b>TTY #:</b>		
<b>Email:</b> newhope@newhopeforwomen.org		

**Web Page:** www.newhopeforwomen.org

<b>1</b>	<b>Topic Area:</b> Violence Prevention	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Domestic and Dating Violence Project		<input checked="" type="checkbox"/> Speaker
			<input checked="" type="checkbox"/> Technical Assistance
	<b>Description</b>		
	Provides information on the dynamics of domestic and dating violence and the effects of abuse on the family. Provides customized workshops to law enforcement, medical personnel, schools, etc., The program also provides temporary shelter for women and their children in crisis, support groups, crisis counseling, court advocacy, and transitional housing. Program offers 36 Hour hotline training for volunteers in the fall and spring.		

New Hope For Women has provided services for Waldo, Knox and Lincoln counties since 1981.

**Notes:**

Next Step  
P.O. Box 1465  
Ellsworth, ME 04605

**Regions Served:** Hancock

<b>Home Phone #:</b>	<b>Fee:</b>	No
<b>Work Phone #:</b> (207) 667-0176		
<b>Toll Free #:</b> (800) 315-5579	<b>Travel Expenses:</b>	No
<b>Fax #:</b> (207) 667-8033	<b>Other Charges:</b>	No
<b>TTY #:</b>		
<b>Email:</b> nextstep@nextstepdvproject.org		

**Web Page:** www.nextstepdvproject.org

<b>1</b>	<b>Topic Area:</b> Violence Prevention	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Domestic Violence Project		<input checked="" type="checkbox"/> Speaker
	<b>Description</b> Provides information on the dynamics of domestic violence and the effects of abuse on the family. Workshops can be customized for law enforcement, medical professionals and schools.		<input checked="" type="checkbox"/> Technical Assistance

The Next Step Domestic Violence Project of Hancock County is a private, nonprofit organization devoted to serving the needs of people affected by domestic violence through education and social change. For state-wide referrals, call the Maine Coalition to End Domestic Violence at (207) 941-1194.

**Notes:**



Rape Response Services  
P.O. Box 2516  
Bangor, ME 04402-2516

**Regions Served:** Piscataquis / Penobscot

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 941-2980

**Toll Free #:** (800) 310-0000

**Fax #:** (207) 941-2982

**TTY #:** (888) 458-5599

**Travel Expenses:** No

**Other Charges:** No

**Email:** rrsdir@raperesponseservices.org

**Web Page:** www.raperesponseservices.org

1 **Topic Area:** Violence Prevention

**Service** ☒ Training or Workshop

**Name:** Sexual Assault Crisis Center

☒ Speaker

☐ Technical Assistance

**Description** 24 hour hotline for people affected by any kind of sexual assault (rape, incest, abuse, harassment). Support groups. education programs in schools.

Parent education focuses on talking with children about sexual abuse.  
Trainings for businesses regarding sexual harassment.

**Notes:**

University of Maine Cooperative Extension  
5741 Libby Hall  
Orono, ME 04469-5741

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 581-3188

**Toll Free #:** (800) 287-0274

**Fax #:** (207) 581-1387

**TTY #:** (800) 287-8957

**Travel Expenses:** No

**Other Charges:** No

**Email:**

**Web Page:** [www.umext.maine.edu](http://www.umext.maine.edu)

**1 Topic Area:** Parenting for Prevention

**Service** ☒ Training or Workshop

**Name:** Parents are Teachers, Too

☐ Speaker

☒ Technical Assistance

**Description** A home visitation, parent education program.

**2 Topic Area:** Mentoring

**Service** ☒ Training or Workshop

**Name:** Teen Parent Program

☐ Speaker

☒ Technical Assistance

**Description** Offers home visitation parent education and "doula"/mentor volunteers with teen moms..

The University of Maine Cooperative Extension has 16 county offices located throughout Maine. County staff, working in collaboration with local citizen advisory boards, determine what educational programs will best serve county residents. Staff then design and deliver programs (such as the ones listed above) and provide resources on a wide range of topics related to sustainable agriculture, natural resources, children, youth and families. Programs will vary from county to county. For a listing of county offices, their toll-free numbers and programs, visit the web site listed above.

**Notes:**

WomanCare  
P.O. Box 192  
Dover-Foxcroft, ME 04426

**Regions Served:** Piscataquis / Penobscot

<b>Home Phone #:</b>	<b>Fee:</b>	No
<b>Work Phone #:</b> (207) 564-8165		
<b>Toll Free #:</b> (888) 564-8165	<b>Travel Expenses:</b>	No
<b>Fax #:</b> (207) 564-7418	<b>Other Charges:</b>	No
<b>TTY #:</b>		
<b>Email:</b> <a href="mailto:wmncare@wmncare.org">wmncare@wmncare.org</a>		
<b>Web Page:</b> <a href="http://www.wmncare.org">www.wmncare.org</a>		

.....

<b>1</b>	<b>Topic Area:</b> Violence Prevention	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Violence Prevention		<input checked="" type="checkbox"/> Speaker
	<b>Description</b> WomanCare offers community and school-based programs about domestic and dating violence and healthy relationships.		<input checked="" type="checkbox"/> Technical Assistance

WomanCare offers a variety of age appropriate programs for children from Headstart to High School. We also offer education and training tailored to the needs and interests of adult groups. Serving Piscataquis and Southwestern Penobscot county.

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**Notes:**

Young Adult Abuse Prevention Program  
(YAAPP)  
P.O. Box 704  
Portland, ME 04104

**Regions Served:** Cumberland, Sagadahoc

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 767-4952

**Toll Free #:**

**Travel Expenses:** No

**Fax #:**

**Other Charges:** No

**TTY #:**

**Email:**

**Web Page:** [www.familycrisis.org](http://www.familycrisis.org)

1 **Topic Area:** Violence Prevention

**Service** ☒ Training or Workshop

**Name:** Faculty/Staff Training

☐ Speaker

☐ Technical Assistance

**Description** Designed to educate faculty/staff on the dynamics of dating violence as well as other oppressive relationships that are a result of power dichotomies in current social culture. This presentation provides information on how to intervene in abusive relationships, community resources, and how to create a non-oppressive school environment. The Youth Educators may be a part of this presentation so that the faculty/staff are informed from a student's perspective.

2 **Topic Area:** Interactive Theater

**Service** ☒ Training or Workshop

**Name:** High School Presentations

☐ Speaker

☐ Technical Assistance

**Description** The High School presentation consists of the "Jake and Caroline Skit" in which our female and male presenters act out a relationship in which the boyfriend is emotionally, sexually and physically abusive. After the skit, the presenters process the scenes with the audience, covering warning signs, the dynamics of power and control, how to intervene, safety planning and resources.

- |   |   |  |
|---|---|--|
| 3 | <b>Topic Area:</b> Violence Prevention<br><br><b>Name:</b> Youth Educator Program<br><br><b>Description</b> YAAPP trains high school students to work with us as youth educators. After a 30-hr training, they meet regularly for continuing support, education and creative process. This program provides the youth educators with the opportunity to use theater as a means for social change through presenting in the Middle School presentations and the Faculty/Staff trainings. | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |
| 4 | <b>Topic Area:</b> Interactive Theater<br><br><b>Name:</b> Middle School Presentations<br><br><b>Description</b> This presentation is designed to educate students on the power imbalances in our culture that lead to oppressive relationships. The Youth Educators are a large part of this presentation and perform skits and run activities on bullying, cliques, adultism, dating violence and sexism.   | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |

The Young Adult Abuse Prevention program (YAAPP) of Family Crisis Services offers interactive theatrical presentations to school and community groups, with a primary focus on dating violence. We believe that domestic and/or dating violence is rooted in sexism and that sexism is a product of the power imbalance in our culture. Our program is constantly growing and changing so if your venue needs are not represented here, please call anyway to find out if we can be of assistance to you. We serve Cumberland and Sagadahoc counties. There is a fee for all other counties.

Notes:

# Bailey, Aaron

Brunswick Police Department  
28 Federal St.  
Brunswick, ME 04011

**Regions Served:** Cumberland

**Home Phone #:**  
**Work Phone #:** (207) 725-5521  
**Toll Free #:**  
**Fax #:** (207) 725-6627  
**TTY #:**  
**Email:** abailey@brunswickpd.org  
**Web Page:** www.brunswickpd.org

**Fee:** No  
**Travel Expenses:** No  
**Other Charges:** No

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<b>1</b>	<b>Topic Area:</b> Substance Abuse Education for Staff/Other Adults	<b>Service</b> <input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Drug Impairment Training for Education Professionals	<input checked="" type="checkbox"/> Speaker <input checked="" type="checkbox"/> Technical Assistance
	<b>Description:</b> The goal of DITEP is to enable education professionals to identify chemically impaired individuals and types of drugs for the purpose of ensuring a safe learning environment. Participants in this seminar will be better able to recognize substances of abuse and impaired individuals and be able to make referrals utilizing the appropriate resources.	

The instructors from the Brunswick Police Dept. are Det/SRO Aaron Bailey, Cmdr Rick Desjardins and Sgt. Mike Moody. There are other instructors throughout the state. For those names, people can contact James Lyman at the Maine Criminal Justice Academy (877-8009)

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**Notes:**

# Barker, Linda B.A.

South Portland Police Department  
30 Anthoine Street  
South Portland, ME 04106

**Regions Served:** Cumberland

**Home Phone #:** (207) 892-4540

**Fee:** Yes

**Work Phone #:** (207) 799-5511

Negotiable

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 799-4810

**Other Charges:** No

**TTY #:** (207) 799-4810

**Email:** lindba@southportland.org

**Web Page:**

- 
- |      |  |   |
|------|--|---|
| 1    | <p><b>Topic Area:</b> Adventure Based Prevention Program</p> <p><b>Name:</b> Adventure Based Activities</p> <p><b>Description</b> D.A.R.E. Alternatives Program provides positive risk activities to area youth. Activities such as horseback riding, mountain bike riding, rock climbing, whitewater rafting, canoeing and hiking are utilized to provide fun alternatives to drug use and as an opportunity to develop new skills.</p> | <p><b>Service</b> <input type="checkbox"/> Training or Workshop</p> <p><input type="checkbox"/> Speaker</p> <p><input checked="" type="checkbox"/> Technical Assistance</p>                       |
| <br> |  |   |
| 2    | <p><b>Topic Area:</b> Smoking Prevention</p> <p><b>Name:</b> Smokeless Saturday Program</p> <p><b>Description</b> Facilitates the "Smokeless Saturday" program for 1st time offenders of the tobacco law. Offered state-wide.</p>  | <p><b>Service</b> <input checked="" type="checkbox"/> Training or Workshop</p> <p><input checked="" type="checkbox"/> Speaker</p> <p><input checked="" type="checkbox"/> Technical Assistance</p> |
| <br> |  |   |
| 3    | <p><b>Topic Area:</b> Grant Writing</p> <p><b>Name:</b> Grant Writing</p> <p><b>Description</b> Offers assistance with writing grants.</p>   | <p><b>Service</b> <input type="checkbox"/> Training or Workshop</p> <p><input type="checkbox"/> Speaker</p> <p><input checked="" type="checkbox"/> Technical Assistance</p>                       |

Barker, Linda B.A.

Linda Barker has been with the South Portland Police Department since 1981. She is the coordinator of the D.A.R.E. Alternatives Program which provides positive risk activities, such as horseback riding, mountain bike riding and rock climbing. Linda also serves as the coordinator for the Greater Portland Regional D.A.R.E. Alternatives Program which distributes resources from an Office of Substance Abuse Grant. She holds a B.A. degree in Criminal Justice, is a certified D.A.R.E. instructor, and holds certification in Addictions Certificate Counseling Program. Linda is a School Resource Officer. She brought "Smokeless Saturday" (an intervention program for 1st time offenders) to Maine in 1997. This program serves teens state-wide through court, police or parent referral. Contact for areas in which services can be provided.

**Notes:**



# Berger, Tim

LISTEN

Regions Served: Kennebec / Somerset, Oxford /  
Androscoggin / Franklin, Waldo / Knox  
/ Lincoln / Sagadahoc

RR 2, Box 610A  
Bridgton, ME 04009

Home Phone #: (207) 647-9386

Fee: Yes

Work Phone #: (603) 252-9386

Negotiable

Toll Free #:

Travel Expenses: No

Fax #:

Other Charges: No

TTY #:

Email:

Web Page:

1

Topic Area: Other -

Service

☐ Training or Workshop

☒ Speaker

☐ Technical Assistance

Name:

Description

Smoking, Drinking and Drug presentations to schools. 4th grade thru 12th grade for all or part of a day. Classroom or assembly.

Tim Berger has 24 years of drug education experience in high schools, middle schools and elementary schools throughout New England. He can provide over 100 references from teachers who have used his programs for many years. Serving the Augusta area and regions south and west of Augusta.

Notes:

# Cox, Allyson

Maine Office of Substance Abuse & Maine  
National Guard

159 S.H.S.

Augusta, ME 04333-0159

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 287-7360

**Toll Free #:**

**Travel Expenses:** No

**Fax #:** (207) 287-8910

**Other Charges:** No

**TTY #:**

**Email:** allyson.cox@maine.gov

**Web Page:**

1 **Topic Area:** Other -

**Service** ☒ Training or Workshop

**Name:** Drug Demand Reduction Program  
(DDRP)

☒ Speaker

☒ Technical Assistance

**Description** Allyson is available to support your prevention efforts in a variety of ways. Workshops include Myers-Briggs Type Indicators, True Colors, Communication, Problem-Solving, Conflict Management and Meeting Management.. Trainings in facilitation, meeting management and adventure facilitation are also available.

**Notes:**

# Cross, Dave

Action Learning Consultants  
P.O. Box 4646  
Augusta, ME 04330-1646

**Regions Served:** All of Maine

**Home Phone #:** (207) 582-4344

**Fee:** Yes

**Work Phone #:** (207) 939-7814

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 582-4344

**Other Charges:** No

**TTY #:**

**Email:** davidcross@metacrawler.com

**Web Page:**

**1 Topic Area:** Adventure Based Prevention Program

**Service** ☒ Training or Workshop

**Name:** Introductory/Advanced Action learning Concepts

☒ Speaker

☐ Technical Assistance

**Description** On or off-site exploration into the benefits of team building through participation in activities and discussions toward general/specific goals. For youth, adult and professional/non-profit organizations. Advanced program utilizes models and direct transfer to life/workplace experiences. Create a high performance team.

Dave Cross is the former Director of the USM Action Learning Center, with 15 years of experience managing and delivering impactful team and personal development programs and courses for youth groups, college students, adult and professional populations. Dave has been a team-building consultant for over 10 years.

**Notes:**

# Cross, Dave

Maine Youth Voices/AdCare Educational  
75 Stone St.  
Augusta, ME 04330

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 626-3615

**Toll Free #:** (800) 886-3933

**Fax #:** (207) 621-2550

**TTY #:** (207) 623-0830

**Travel Expenses:** Yes

**Other Charges:** No

**Email:** davidcross@metacrawler.com

**Web Page:** www.neias.org/MYV/

1 **Topic Area:** Other -

**Service** ☒ Training or Workshop

**Name:** Developing Youth Empowered Prevention

☒ Speaker

☐ Technical Assistance

**Description** Workshop dedicated to providing tools with which to start and sustain youth empowered prevention groups in your community.

Dave Cross is the current director of the Maine Youth Voices underage drinking prevention project, with 20 youth groups statewide. Youth groups may also be available for presentations in schools and communities and may be willing to travel short distances.

**Notes:**

# Davis, Stan

Stop Bullying Now  
409 N. Wayne Rd.  
Wayne, ME 04284

**Regions Served:** All of Maine

**Home Phone #:**  
**Work Phone #:** (207) 685-9639  
**Toll Free #:**  
**Fax #:**  
**TTY #:**  
**Email:** stan@stopbullyingnow.com

**Fee:** Yes

**Travel Expenses:** Yes

**Other Charges:** No

**Web Page:** www.stopbullyingnow.com

- |          |  |                |  |
|----------|--|----------------|--|
| <b>1</b> | <b>Topic Area:</b> Violence Prevention   | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|          | <b>Name:</b> Stop Bullying Now   |                | <input checked="" type="checkbox"/> Speaker              |
|          | <b>Description</b> Providing Training for school staff and students in strategies that work to prevent bullying. |                | <input checked="" type="checkbox"/> Technical Assistance |

Stan Davis is a therapist, school counselor and bullying prevention consultant. He is the author of "Schools Where Everyone Belongs: Practical Strategies to Reduce Bullying".

**Notes:**

# Dowling, Kevin LSW

**Regions Served:** All of Maine

P.O. Box 776

Rockland, ME 04841

**Home Phone #:** (207) 691-3555

**Fee:** Yes

**Work Phone #:** (207) 563-3596 30

Negotiable

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 563-1067

**Other Charges:** Yes

**TTY #:**

**Email:** dowling@lincolnacademy.org

**Web Page:**

- |          |  |                |   |
|----------|--|----------------|---|
| <b>1</b> | <b>Topic Area:</b> Interactive Theater   | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
|          | <b>Name:</b> Interactive Theater/Social Drama  |                |   |
|          | <b>Description</b> Interactive Theater is a dramatic technique which portrays socially sensitive issues. The audience becomes an integral part of the performance via their questions and comments to the cast.        |                |   |
| <b>2</b> | <b>Topic Area:</b> Adventure Based Prevention Program  | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
|          | <b>Name:</b> Team Building/Decision Making   |                |   |
|          | <b>Description</b> Training promotes team building, social responsibility, decision making, problem solving, communication, trust, personal responsibility. Uses physical metaphors to explore the above listed areas. |                |   |

Kevin Dowling is a Licensed Social Worker, a Chemical Health Coordinator and a Experiential Therapist. He works for a private secondary school in Maine. Kevin is well know for his interactive theater initiative and adventure based counseling.

**Notes:**

# Drug Demand Reduction Program,

Maine National Guard-Dept. of Defense,  
Veteran's & Emergency Management  
74 Drummond Ave.  
Waterville, ME 04901

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 873-4765

**Toll Free #:**

**Travel Expenses:** No

**Fax #:** (207) 873-4613

**Other Charges:** No

**TTY #:**

**Email:** ddr@me.ngb.army.mil

**Web Page:** www.me.ngb.army.mil

1 **Topic Area:** Adventure Based Prevention Program

**Service** ☒ Training or Workshop

**Name:** Adventure Program

☐ Speaker

☐ Technical Assistance

**Description** 6 week experiential program for 7th grade. Activities involve group problem solving, leadership development and building trust. Takes place in the school, facilitated by trained National Guard members. Follow-on sessions are available on our ROPES course.

No fee.

**Notes:**

# Duffey, Tim

Common Ground in Prevention  
P.O. Box 448  
Gorham, ME 04038-0448

**Regions Served:** All of Maine

**Home Phone #:** (207) 839-6998

**Fee:** Yes

**Work Phone #:** (207) 642-6268

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 642-6274

**Other Charges:** No

**TTY #:**

**Email:** timduff@pivot.net

**Web Page:**

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**1 Topic Area:** Resiliency

**Service** ☒ Training or Workshop

**Name:** Resiliency

☒ Speaker

☒ Technical Assistance

**Description** A growing body of research in the fields of psychology, psychiatry, sociology and education are showing that children, youth and adults can bounce back from adversity and stressful life experiences AND experience life success if their relationships and environments provide specific protective characteristics. Explore how this ability to successfully adapt to life's challenges can be facilitated in ourselves and those around us.

**2 Topic Area:** Asset Development

**Service** ☒ Training or Workshop

**Name:** Asset Development

☒ Speaker

☒ Technical Assistance

**Description** Significant research has been conducted on 40 key building blocks of development that are essential in the first two decades of a child's life. Based on the work of Search Institute, these sessions highlight the findings of this research and the directions it points us toward in our actions for children and youth. Individual, organizational and community wide applications of the research can be included. Over 500 communities across the United States are using this framework to guide their work for children and youth. Learn what others are doing to create more developmentally attentive communities.



# Duffey, Tim

3	<b>Topic Area:</b> Parenting for Prevention	<b>Service</b> <input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Parenting for Prevention	<input checked="" type="checkbox"/> Speaker
	<b>Description</b> The key role parents play in establishing the foundation of prevention for their children is the cornerstone of the information presented in these sessions. Drawing from the fields of resilience and developmental assets research, parents are provided with a clear picture of the essential elements that will support their children in being less likely to engage in risk-taking behavior and more likely to thrive. Parents will be encouraged to intentionally build their parenting legacy.	<input checked="" type="checkbox"/> Technical Assistance
<p>Tim Duffey has over 20 years experience in education, having served as a school counselor, director of guidance, and Maine Department of Education consultant. In addition, he has over five years of extensive training and community mobilizing experience.</p> <p>Mr. Duffey is president of the consulting and training business Common Ground in Prevention through which he designs and conducts training events and regional conferences related to strength-based research. He is also a national speaker and trainre with Search Institute and has searved as Feature Editor of the journal Resiliency in Action, the only national journal dedicated to resiliency research and its practical application.</p> <p>Tim is an experienced speaker and trainer on topics including student assistance programs, resiliency research, developmental assets, and effective team and meeting structures. He is a skilled facilitator and has extensive experience building multi-sector community initiatives focused on improving conditions for children and youth. He is a frequent author and speaker on these topics. His written work has been featured in the Student Assistance Journal, Reaching Today's Youth, and Resiliency in Action.</p> <p>Mr. Duffey holds Bachelor of Science and Masters of Education degrees from North Dakota State University, Fargo, ND. He is Past President of the National Association of Student Assistance Professionals (NASAP).</p>		

Notes:

# Dutil, Linda R.N.

**Regions Served:** All of Maine

38 Edgemont Ave.

Waterville, ME 04901

**Home Phone #:** (207) 872-2537

**Fee:** Yes

**Work Phone #:** (207) 872-2537

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 872-6624

**Other Charges:** No

**TTY #:**

**Email:** dutil@adelphia.net

**Web Page:** www.dose-of-reality.com

**1 Topic Area:** Smoking Prevention

**Service** ☐ Training or Workshop

**Name:** "A Puff of Reality"

☐ Speaker

☐ Technical Assistance

**Description** I give assemblies to elementary school children (grades 4, 5, 6 preferred) on the dangers of smoking and tobacco use. I "light" a smoking machine which produces the disgusting tar and resin. I talk about the content of tobacco, how tobacco ads are tricky, the physical side effects/disease processes, the addicting component of nicotine and share heart wrenching stories.

**2 Topic Area:** Self-destructive Behavior

**Service** ☐ Training or Workshop

**Name:** "A Dose of Reality"

☒ Speaker

☐ Technical Assistance

**Description** I give assemblies to Jr. High and High School students concerning drugs, underage drinking, suicide and the consequences of making poor choices. With all of my tubes, blades, charcoal and ER equipment, I actually show the teens what happens as the result of an overdose. I talk about facing the fears of peer pressure and explain that everyone has the power to make good choices.

A native of Massachusetts, Linda Dutil has lived in the state of Maine for the past 15 years with her husband and their three school aged children.

In her experience as an emergency room nurse, Linda has seen the ugly impact of poor decisions young people sometimes make. She has presented her program to thousands of junior high and high school students across the Country.

**Notes:**

# Goggins, Carl F. Jr. CCDC, DAC, PhD

Straight Talk

**Regions Served:** Hancock / Washington, Piscataquis / Penobscot

23 Skyline Drive

Holden, Me 04429-8910

**Home Phone #:**

**Fee:** Yes

**Work Phone #:** (207) 989-8416

Negotiable

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 989-8416

**Other Charges:** No

**TTY #:**

**Email:** semperprimus@cs.com

## Web Page:

1	<b>Topic Area:</b> Substance Abuse Education for Staff/Other Adults	<b>Service</b> <input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Substance Abuse	<input checked="" type="checkbox"/> Speaker
	<b>Description</b> Provide methods of identification and implementation of prevention programs.	<input checked="" type="checkbox"/> Technical Assistance

Carl Goggins is a retired decorated United States Army Non-Commissioned Officer. He holds a Bachelors and a Masters degree in Chemical Dependency Counseling, and a Ph.D. in chemical dependency therapy. Carl is a New England School of Addiction Studies Graduate and a member of International Who's Who of Entrepreneurs. The National Board of Addiction Examiners have certified Carl as a Chemical Dependency Counselor.

## Notes:

# Grant, Bob

Camp Kieve/The Leadership Decisions  
Institute

P.O. Box 169

Nobleboro,, ME 04555

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** Yes

**Work Phone #:** (207) 563-6212

**Toll Free #:**

**Travel Expenses:** No

**Fax #:** (207) 563-5833

**Other Charges:** No

**TTY #:**

**Email:** bobg@kieve.org

**Web Page:** www.kieve.org

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|----------|--|---|
| <b>1</b> | <b>Topic Area:</b> Resiliency<br><br><b>Name:</b> Resiliency Training<br><br><b>Description</b> Works with institutions and other groups, including leaders, educators, parents and community leaders to offer a variety of educational experiences that develop the capacity of young people to make healthy, caring and responsible decisions. | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |
| <b>2</b> | <b>Topic Area:</b> Other -<br><br><b>Name:</b> Student Programs<br><br><b>Description</b> Offers a 1 to 5 day LDI Program at Kieve (Residential) or in your community (Outreach). LDI is a primary prevention program with classes in developing interpersonal skills, relationships, teambuilding, drug resistance and internal communication.  | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |
| <b>3</b> | <b>Topic Area:</b> Parenting for Prevention<br><br><b>Name:</b> Parent Programs<br><br><b>Description</b> Offers a workshop for parents, teachers and community members. Participants will learn strategies to help support responsible decision making by young people.   | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |

# Grant, Bob

4	<b>Topic Area:</b> Other -	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Educator Programs		<input checked="" type="checkbox"/> Speaker
	<b>Description</b>		<input type="checkbox"/> Technical Assistance
	Workshops at your school or at Kieve that focus on communication, conflict resolution and team building. Provides training in LDI follow-up curriculum.		

Bob Grant, Director of Kieve's Leadership Decisions Institute, is a former law enforcement officer who worked with juveniles before, during and after adjudication. He has been educating middle-school students, their parents and teachers since 1989 and has been with L.D.I. since 1994.

Notes:

# Hall Dreher, Susan MHSA

Sexual Assault Support Services of Midcoast  
Maine  
P.O. Box 990  
Brunswick, ME 04011

**Regions Served:** Cumberland, Lincoln, Sagadahoc

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 725-2181

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 798-6943

**Other Charges:** Yes

**TTY #:**

**Email:** sassmm.dir@netquarters.net

## Web Page:

1	<b>Topic Area:</b>	Violence Prevention	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b>	Sexual Harassment and/or Sexual Assault Prevention.	<input checked="" type="checkbox"/> Speaker	
	<b>Description</b>	Provides an overview of what sexual harassment and sexual assault is - or is not. Looks at extent and impact of sexual violence. Also, policy development and implementation in response to sexual harassment.	<input checked="" type="checkbox"/> Technical Assistance	

Susan Hall Dreher has 25 + years in the social service field. She has provided numerous workshops for law enforcement agencies, health care providers and educational institutions concerning the impact and effective response(s) to sexual violence. Sexual Assault Support Services of Midcoast Maine serves Cumberland, Lincoln and Sagadahoc counties.

## Notes:

# Judkins, Randy B.S.

R. Judkins "EnterSURprises"

160 Delaware Court

Portland, ME 04103

**Regions Served:** All of Maine

**Home Phone #:** (207) 899-1216

**Fee:** Yes

**Work Phone #:** (207) 899-1216

Negotiable

**Toll Free #:** (877) 391-4660

**Travel Expenses:** Yes

**Fax #:**

**Other Charges:** No

**TTY #:**

**Email:** laughlife@aol.com

**Web Page:** www.randyjudkins.com

**1 Topic Area:** Resiliency

**Service** ☒ Training or Workshop

**Name:** Full Esteem Ahead

☒ Speaker

☒ Technical Assistance

**Description** An interactive presentation/performance that inspires teachers and students to develop skills in resiliency, teambuilding and personal assets in order to make Healthy Choices.

Randy Judkins is a former high school teacher. Since 1975 he has presented in almost every school district in the state of Maine. His many highlights include; a keynote speaker for the annual P.R.I.D.E Convention, Teen Institute and Natural Helper convention appearances, numerous statewide Wellness and Resiliency Conferences.

**Notes:**

# Kennedy, Ed LSW

Jaycee Crime Prevention  
P.O. Box A  
Thomaston, ME 04861

**Regions Served:** All of Maine

**Home Phone #:**  
**Work Phone #:** (207) 354-3163  
**Toll Free #:**  
**Fax #:**  
**TTY #:**  
**Email:** edward.kennedy@state.me.us

**Fee:** No

**Travel Expenses:** Yes  
**Other Charges:** Yes

**Web Page:**

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|---|---|---|
| 1 | <b>Topic Area:</b> Violence Prevention<br><br><b>Name:</b> Jaycee Crime Prevention Program<br><br><b>Description</b> Helps juveniles to think about the impact and consequences of making poor choices concerning violence and substance abuse. The personal testimonies of two inmates from Maine State Prison, relating how substance abuse can lead to crime and violence is included in this 90 minute workshop. The workshop is offered to schools and community groups. | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |
|---|---|---|

Ed Kennedy has worked at the Maine State Prison for 18 years. In the past he has worked as a public school teacher. He currently is licensed at the L.S.W. level. Ed has been coordinator of the Jaycee Crime Prevention program for 13 years.

Travel restricted to a 150 mile radius of Thomaston.

**Notes:**



# Lakari, Carl

Project Aware/Carl Lakari Inc  
36 Rocky Hill Road  
Saco, ME 04072

**Regions Served:** All of Maine

<b>Home Phone #:</b>	<b>Fee:</b>	Yes
<b>Work Phone #:</b> (207) 282-5598		
<b>Toll Free #:</b>	<b>Travel Expenses:</b>	No
<b>Fax #:</b>	<b>Other Charges:</b>	No
<b>TTY #:</b>		
<b>Email:</b> clakari@maine.rr.com		

**Web Page:**

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|----------|---|----------------|--|
| <b>1</b> | <b>Topic Area:</b> Adolescent Chemical Dependency   | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|          | <b>Name:</b> Youth Empowerment Workshops  |                | <input checked="" type="checkbox"/> Speaker              |
|          |   |                | <input checked="" type="checkbox"/> Technical Assistance |
|          | <b>Description</b>  |                |  |
|          | Youth Empowerment Workshops are intensive high-energy, participatory, FUN sessions that use a variety of interactive and creative expression techniques to promote youth empowerment and raise awareness about substance abuse, including youth prescription drug abuse. Workshops will engage youth directly in problem solving and the substance abuse awareness and prevention process, facilitate meaningful dialogue among youth and their communities, provide a safe venue and creative outlet for the expression of complex emotions and serve as a springboard for further community or school based youth action. |                |  |

# Lakari, Carl

**2 Topic Area:** Grant Writing

**Service** ☒ Training or Workshop

**Name:** Non-Profit Capacity Building and Grant Writing Services

☒ Speaker

☒ Technical Assistance

**Description** Carl Lakari has been assisting state government and non-profit agencies with capacity building and resource development for over 20 years. Carl has coordinated, developed and submitted successful HUD grants for community based organizations, municipalities and State agencies across the country. Overall, he has helped raise over \$25 million in 13 states for people who are homeless or of very low income and have AIDS, mental illness and/or substance abuse issues. He has extensive experience in providing Continuum of Care and HOPWA technical assistance. He has worked with numerous clients in Maine and throughout the country to develop housing and supportive services for people with substance abuse issues.

The workshops are co-facilitated by Katey Branch and Carl Lakari. Artist, massage therapist and workshop facilitator, Katey Branch brings to the project over 20 years of experience practicing and teaching the healing and creative arts. She facilitated an improvisational theatre group called "Reaching Out to Teens", directed a mentoring program for ninth graders "Partners for the Future", facilitated "Theatre from the Ground Up" a theatre program for youth and conducted a creative expression workshop for girls called "What's Up." In her work, Katey utilizes techniques such as movement, theater games, creative expression exercises, holistic health practices and interactive discussion to educate, explore issues of power and promote self-awareness.

Carl Lakari brings to the project over 20 years of experience providing facilitation, consulting, program coordination, housing and resource development services to individuals, community groups, non-profit organizations and government agencies. In recovery for 16 years, Carl has first-hand knowledge of addiction and the issues surrounding substance use, its affects and origins. He has facilitated numerous focus and/or process groups, classes, workshops and meetings, including forums on substance abuse, personal transformation workshops and creative movement groups. He has coordinated and completed successful projects in housing for people struggling with substance abuse, and co-founded a community center providing programs in community development, progressive social change and the arts. Carl has worked extensively with Maine substance abuse providers and within the Maine substance abuse community. Carl and Katey co-facilitate "Powerful Play" a highly interactive small-group workshop exploring masculine and feminine interactions and expressions.

**Notes:**

# Luce, James L. SGT.

Maine State Police  
164 State House Station  
Internal Affairs  
Augusta, ME 04333-0169

**Regions Served:** All of Maine

**Home Phone #:** (207) 377-4609

**Fee:** No

**Work Phone #:** (207) 624-7292

**Toll Free #:**

**Fax #:** (207) 287-3427

**Travel Expenses:** No

**TTY #:**

**Other Charges:** No

**Email:** James.L.Luce@maine.gov

## Web Page:

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|---|---|---|
| 1 | <b>Topic Area:</b> Violence Prevention<br><br><b>Name:</b> Dealing with a Suicidal Person<br><br><b>Description:</b> Guidelines for managing a crisis situation with a suicidal person. Evaluation of the lethality and negotiation do' and don'ts. The mechanics of negotiation and why it works.                                  | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
| 2 | <b>Topic Area:</b> Violence Prevention<br><br><b>Name:</b> Violence In The Workplace<br><br><b>Description:</b> Learn from the enforcement perspective, how to deal with volatile situations in the workplace. Learn what to do and not to do. How to implement an intervention; some negotiation tips and tactical considerations. | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
| 3 | <b>Topic Area:</b> Violence Prevention<br><br><b>Name:</b> First Responder to Critical Incident<br><br><b>Description:</b> Some basic Do's and Don'ts of managing a critical incident prior to the arrival of additional help. Basic negotiation guidelines, officer safety and scene management.                                   | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |

Sergeant James L. Luce, has been with the Maine State Police for 21+ years. He has been a patrol trooper for 11 years , a detective in the CID II for 4 years, Patrol supervisor for 1 year, CID supervisor for 1 year, 4 years in Internal Affairs and team leader of the Crisis Negotiation Team for 3 years. Past involvement with the Maine Youth Suicide Prevention Committee and the Maine Childhood Injury Prevention Program. Speaker at seminars in & out of state on Crisis Negotiation, Violence in the Workplace, Dealing with Suicidal Persons and First Responder to a Crisis Incidents. Workshops can be modified to accommodate the specific needs of the organization, school or group.

## Notes:

# Marble, Katherine

Healthy Community Coalition  
Peace in our Families  
20 Church St.  
Wilton, ME 04294

**Regions Served:** Oxford / Androscoggin / Franklin

**Home Phone #:**  
**Work Phone #:** (207) 645-3136  
**Toll Free #:** (800) 525-3136  
**Fax #:** (20) 645-4138  
**TTY #:**  
**Email:** hcc@fchn.org

**Fee:** No  
**Travel Expenses:** No  
**Other Charges:** No

**Web Page:** www.fchn.org/HCC

1	<b>Topic Area:</b> Violence Prevention	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Peace in our Families.		<input checked="" type="checkbox"/> Speaker
	<b>Description</b>		<input checked="" type="checkbox"/> Technical Assistance
	Peace in Our Families is a community-wide campaign in Franklin County to end domestic violence. Their primary goal is to reduce violence in the community by extending a hand to both the victims and the perpetrators of violence. Participating individuals and groups share the facts about violence, how to recognize abuse, and how to help someone who is being abused.		

Katie Marble is a Health Educator at the Healthy Community Coalition (HCC) in Wilton. She is the coordinator of Peace in Our Families domestic violence audit program. Katie is a graduate of the University of Maine at Presque Isle with a B.S. in Health Education. She is also a Certified Health Education Specialist.

**Notes:**

# McIntyre, Marty

Sexual Assault Crisis Center  
P.O. Box 6  
Auburn, ME 04212-0006

**Regions Served:** Androscoggin

**Home Phone #:** (204) 524-3912

**Fee:** No

**Work Phone #:** (207) 784-5272

**Toll Free #:**

**Travel Expenses:** No

**Fax #:** (207) 777-3231

**Other Charges:** No

**TTY #:**

**Email:** saccdir@aol.com

**Web Page:**

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**1 Topic Area:** Violence Prevention

**Service** ☒ Training or Workshop

**Name:** Sexual Harassment: Awareness and Response

☒ Speaker

☒ Technical Assistance

**Description** Information about sexual harassment, what it is or isn't, its effects, and how to respond when it occurs.

Marty McIntyre has been the Executive Director of the Sexual Assault Crisis Center for 15 years. She has been providing sexual harassment presentations and trainings for the past 6 years.

Services are provided primarily in Androscoggin County. Fees not charged for school presentations. Fees for sexual harassment training for businesses or organizations are negotiable.

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**Notes:**

# McWilliams, Sheryl S. MPH, RN

Parkview Adventist Medical Center  
329 Maine Street  
Brunswick, ME 04011

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** Yes

**Work Phone #:** (207) 373-2216

Negotiable

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 373-2209

**Other Charges:** No

**TTY #:** (207) 725-1889

**Email:** smcwilliams@parkviewamc.org

**Web Page:** www.parkviewamc.org

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|----------|--|----------------|--|
| <b>1</b> | <b>Topic Area:</b> Other -   | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|          | <b>Name:</b> Understanding Stress and How to Deal With It.   |                | <input checked="" type="checkbox"/> Speaker              |
|          |  |                | <input checked="" type="checkbox"/> Technical Assistance |
|          | <b>Description</b> Workshops and one-on-one sessions provide education and techniques on effective ways to reduce stress to health professionals and lay audiences.  |                |  |
| <b>2</b> | <b>Topic Area:</b> Other -   | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|          | <b>Name:</b> Lifestyle Choices   |                | <input checked="" type="checkbox"/> Speaker              |
|          |  |                | <input checked="" type="checkbox"/> Technical Assistance |
|          | <b>Description</b> An intensive approach to living well, free from addiction and disease. Learn to make choices that will positively affect your health and your future. The focus is upon nutrition, fitness, values clarification and stress management. |                |  |
| <b>3</b> | <b>Topic Area:</b> Smoking Prevention  | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|          | <b>Name:</b> Breathe Free Plan to Quit Smoking   |                | <input checked="" type="checkbox"/> Speaker              |
|          |  |                | <input checked="" type="checkbox"/> Technical Assistance |
|          | <b>Description</b> Private consultation or 9 session group stop smoking program. Focus is upon plan development, assessment and tools for quitting.  |                |  |

Sheryl S. McWilliams is a Registered Nurse with a Master's Degree in Public Health. She has lectured all over the world and throughout the United States. She has authored and co-authored many health related articles published in a variety of publications. Her focus is upon lifestyle medicine.

**Notes:**

# Meo, Darcy

Sexual Assault Crisis Center  
P.O. Box 6  
Auburn, ME 04212

**Regions Served:** Androscoggin

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 784-5272

**Toll Free #:** (207) 777-3231

**Travel Expenses:** No

**Fax #:**

**Other Charges:** No

**TTY #:**

**Email:** saccdc@aol.com

**Web Page:** www.sacc1984.com

**1 Topic Area:** Violence Prevention

**Service** ☒ Training or Workshop

**Name:** Violence Prevention

☒ Speaker

☒ Technical Assistance

**Description** Workshops for grades 3-12 about sexual assault, sexual harassment, drug facilitated sexual assault, healthy relationships and bystander training.

Darcy Meo is the Education Coordinator for the Sexual Assault Crisis Center. She works with grades 3-12 and college-age students, providing interactive presentations about sexual assault, sexual harassment and healthy relationships. Services are provided in Androscoggin County.

**Notes:**

# O'Halloran, Susan

Medical Care Development  
11 Parkwood Drive  
Augusta, ME 04330

**Regions Served:** All of Maine

**Home Phone #:**  
**Work Phone #:** (207) 622-7566 221  
**Toll Free #:**  
**Fax #:** (207) 622-3616  
**TTY #:**  
**Email:** sueoh@mcd.org

**Fee:** Yes  
Negotiable  
**Travel Expenses:** Yes  
**Other Charges:** No

**Web Page:**

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|---|---|--|
| 1 | <b>Topic Area:</b> Suicide Prevention   | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
|   | <b>Name:</b> Youth Suicide Prevention & Gatekeeper Training   |  |
|   | <b>Description</b> Gatekeeper training is a full-day training designed for adults who serve as the first line of recognition and referral for a distressed youth, possibly at risk for suicide. Training is designed to increase general knowledge about suicide, teach basic intervention skills and increase confidence in using them. Other suicide prevention educational opportunities are also available. |  |

Susan O'Halloran became involved in youth suicide prevention as a participant in the Maine Children's Cabinet efforts to address the issues in Maine. She is an educator, a seasoned group facilitator and a certified Suicide Gatekeeper instructor. She and co-trainer Loren Coleman, a consultant from Portland, work with the Maine Youth Suicide Prevention Program.

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**Notes:**



# Pariser, Emanuel

Community School  
Box 555  
Camden, ME 04843

**Regions Served:** All of Maine

**Home Phone #:**  
**Work Phone #:** (207) 236-8404 112  
**Toll Free #:**  
**Fax #:** (207) 236-2505  
**TTY #:**  
**Email:** emanuel@thecommunityschool.org  
**Fee:** Yes  
**Travel Expenses:** Yes  
**Other Charges:** No

**Web Page:** www.thecommunityschool.org

1	<b>Topic Area:</b> Other -	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Alternative Education		<input checked="" type="checkbox"/> Speaker
	<b>Description</b> Learn how alternative education can be used as a primary prevention service. Includes discussions on how to create a positive learning environment for non-traditional learners. Designed for teachers, administrators and prevention specialists.		<input checked="" type="checkbox"/> Technical Assistance

Emanuel Pariser is the co-founder and co-director of the Community School an alternative high school. He is a founding member of the Maine Substance Abuse Services Commission and is currently the Chairperson. Emanuel also serves on the Commissioner's Committee on Alternative Education, Dropout and Truancy. He is the developer of the concept of "Relational Education".

**Notes:**

# Pecukonis, Stephen

HRD Associates  
P.O. Box 251  
Topsham, ME 04086

**Regions Served:** All of Maine

<b>Home Phone #:</b>	<b>Fee:</b>	Yes
<b>Work Phone #:</b> (207) 666-8302		
<b>Toll Free #:</b>	<b>Travel Expenses:</b>	No
<b>Fax #:</b> (207) 729-8418	<b>Other Charges:</b>	No
<b>TTY #:</b>		
<b>Email:</b> stevepec@aol.com		

**Web Page:**

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<b>1</b>	<b>Topic Area:</b> Other -	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> Group Dynamics		<input checked="" type="checkbox"/> Speaker
			<input type="checkbox"/> Technical Assistance
	<b>Description</b>	Training and consulting in group skills, decision making, team building, communication skills and conflict resolution.	

Stephen P. Pecukonis is Principal Consultant with HRD Associates, a human resource development training and consulting firm he founded in 1985. Steve provides training and consulting services to client organizations in the fields of business and industry, government, education, healthcare and social services. Over his tenure as an independent consultant he has developed special expertise in the areas of training design and facilitation, interpersonal communication, conflict resolution, managing change, leadership and management skills development, performance management, team-building and personal growth.

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**Notes:**

# Perry, Robert E.

**Regions Served:** All of Maine

229 Northern Ave. Apt. 2  
Augusta, ME 04330

**Home Phone #:** (207) 623-0172  
**Work Phone #:** (207) 623-0172  
**Toll Free #:**  
**Fax #:**  
**TTY #:**  
**Email:**

**Fee:** Yes  
Negotiable  
**Travel Expenses:** Yes  
**Other Charges:** Yes

**Web Page:**

1	<b>Topic Area:</b> Other -	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> HIV/AIDS Education		<input checked="" type="checkbox"/> Speaker
	<b>Description</b> Provides HIV training and education to school administrators, parents and school age children from K - 12th grade.		<input checked="" type="checkbox"/> Technical Assistance

Robert Perry is a 1989 graduate of the Wedge Program, a National HIV Prevention Program. He also received additional HIV Prevention training through Merrymeeting AIDS Support Services. Presently, Robert holds the office of Chairman for a biannual retreat held for people living with HIV and AIDS. He was the 1997 recipient of the Jefferson Award.

**Notes:**

# Plourde, Cathy

ADD Verb Productions Arts & Education  
P.O. Box 3853  
Portland, ME 04104

**Regions Served:** All of Maine

**Home Phone #:**  
**Work Phone #:** (207) 653-4554  
**Toll Free #:**  
**Fax #:** (207) 772-1167  
**TTY #:**  
**Email:** cathy@addverbproductions.com

**Fee:** Yes  
Negotiable  
**Travel Expenses:** Yes  
**Other Charges:** Yes

**Web Page:** addverbproductions.com

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|---|---|--|
| 1 | <b>Topic Area:</b> Smoking Prevention<br><br><b>Name:</b> Butt of Course<br><br><b>Description:</b> 9 actor play available for school groups to produce themselves. Suitable for high school to perform for middle school.  | <b>Service</b> <input type="checkbox"/> Training or Workshop<br><input type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance                                  |
| 2 | <b>Topic Area:</b> Violence Prevention<br><br><b>Name:</b> You the Man<br><br><b>Description:</b> One man play on relationship violence and sexual assault. 45 minutes to be followed by discussion with county sexual assault /domestic violence resources   | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance                       |
| 3 | <b>Topic Area:</b> Interactive Theater<br><br><b>Name:</b> Interactive Theater<br><br><b>Description:</b> Specializes in working with adolescents or individuals who interact with adolescents. Theater is used as an education tool to bring various issues faced by adolescents to the surface to create opportunities for communication, awareness and change. | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |

Cathy Plourde holds a Masters degree in Theater and Social Change. She is currently certified as a teacher. Cathy has been a provider in the field of interactive theater since 1990.

**Notes:**

# Roberts, Kim

Maine Coalition to End Domestic Violence  
170 Park Street  
Bangor, ME 04401

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** Yes

**Work Phone #:** (207) 941-1194

Negotiable

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 941-2327

**Other Charges:** No

**TTY #:**

**Email:** mcedv@mcedv.net

**Web Page:** www.mcedv.org

1 **Topic Area:** Violence Prevention

**Service** ☒ Training or Workshop

**Name:** Maine Coalition to End Domestic Violence

☒ Speaker

☒ Technical Assistance

**Description** Provides information on the dynamics of domestic violence and the effects of abuse on the family. Workshops can be customized for law enforcement, medical professionals, schools and other organizations.

The Maine Coalition to End Domestic Violence was formed in 1977 by women who joined together to help battered women and their children and to work toward ending domestic abuse in Maine. MCEDV consists of a state office and member projects, which together provide direct services (a 24-hour hotline system at each project; emergency shelter, referrals and information; court advocacy; support groups; and monitoring of batterer's education programs) as well as public information, technical assistance, and training for law enforcement agencies, medical professionals, and state and local entities in Maine. Services available statewide by member programs.

**Notes:**

# Roy, Laurent B.

Community Family Consultant

**Regions Served:** Cumberland, Kennebec / Somerset,  
Oxford / Androscoggin / Franklin,  
Waldo / Knox / Lincoln / Sagadahoc,  
York

87 Indian Carry Road  
West Bath, ME 04530

**Home Phone #:** (207) 442-0447

**Fee:** Yes

**Work Phone #:**

Negotiable

**Toll Free #:**

**Travel Expenses:** No

**Fax #:**

**Other Charges:** No

**TTY #:**

**Email:** lbkeroy@suscom.maine.net

**Web Page:**

**1 Topic Area:** Family Dynamics

**Service** ☒ Training or Workshop

**Name:** Supporting Successful Parenting

☒ Speaker

☐ Technical Assistance

**Description** A workshop for parents to learn communication  
and coping skills to improve family  
relationships and focus on identifying issues  
and problem solve.

Laurent B. Roy : Marriage counselor and social worker since 1962, family life educator since 1970, trainer-consultant since 1980, private practice since 1985.

**Notes:**

# Rudoff, Fran

KIDS Consortium  
215 Lisbon St., Suite 12  
Lewiston, ME 04240

**Regions Served:** All of Maine

<b>Home Phone #:</b>	<b>Fee:</b>	Yes
<b>Work Phone #:</b> (207) 784-0956		
<b>Toll Free #:</b>	<b>Travel Expenses:</b>	Yes
<b>Fax #:</b> (207) 784-6733	<b>Other Charges:</b>	No
<b>TTY #:</b>		
<b>Email:</b> frudoff@kidsconsortium.org		
<b>Web Page:</b> www.kidsconsortium.org		

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|----------|--|----------------|--|
| <b>1</b> | <b>Topic Area:</b> Other -   | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|          | <b>Name:</b> KIDS as Planners: Implementing Service Learning   |                | <input checked="" type="checkbox"/> Speaker              |
|          |  |                | <input checked="" type="checkbox"/> Technical Assistance |
|          | <b>Description</b>   |                |  |
|          | Collaboration/Teambuilding: Developing a collaborative environment in the classroom is essential to implementing a successful service-learning project. In this workshop, participants will gain insights on group development and preparation for collaboration as well as identify steps for integrating team building activities into a service-learning experience.          |                |  |
| <b>2</b> | <b>Topic Area:</b> Resiliency  | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|          | <b>Name:</b> Service Learning as a Strategy for Resiliency   |                | <input checked="" type="checkbox"/> Speaker              |
|          |  |                | <input checked="" type="checkbox"/> Technical Assistance |
|          | <b>Description</b>   |                |  |
|          | School and community environments which foster a sense of caring and support, high expectations and opportunities for meaningful participation enable young people to develop problem-solving skills, social competence, autonomy and a sense of purpose and future--attributes that help them to "bounce back" from at-risk environments and lead healthy and productive lives. |                |  |

# Rudoff, Fran

3	<b>Topic Area:</b> Other -	<b>Service</b> <input checked="" type="checkbox"/> Training or Workshop <input checked="" type="checkbox"/> Speaker <input checked="" type="checkbox"/> Technical Assistance
	<b>Name:</b> KIDS as Planners: Implementing Service Learning	
	<b>Description</b> Service-Learning 101: Acquaints newcomers to service learning with a basic understanding of this teaching strategy--including key terms and techniques for integrating service-learning into the classroom and developing student ownership.	
4	<b>Topic Area:</b> Other -	<b>Service</b> <input checked="" type="checkbox"/> Training or Workshop <input checked="" type="checkbox"/> Speaker <input checked="" type="checkbox"/> Technical Assistance
	<b>Name:</b> KIDS as Planners:Implem enting Service Learning	
	<b>Description</b> Next Steps: Familiarizes educators with the steps, tools and templates for planning and implementing a KIDs project in a standards-based classroom--from generating ideas to project implementation, celebration and evaluation.	

Francine Rudoff is the Executive Director of KIDS Consortium. She has over twenty five years of experience directing initiatives that connect schools and communities as well as community planning and natural resource policy projects. Ms. Rudoff is responsible for managing all aspects of the work of KIDS consortium. She oversees a staff of seven and collaborates with school-community leadership teams from over 40 school districts in Maine and other New England states on the integration of service learning and citizenship education into local practice, policy and culture.

Now in its second decade, the KIDS Consortium is a nationally recognized leader in the rapidly expanding service learning movement, which promotes learning through community involvement as a way to strengthen students, schools and communities.

.....

**Notes:**



# Saladino, Tom

MSAD #27

P.O. Box 243

Fort Kent Mills, ME 04744

**Regions Served:** All of Maine

**Home Phone #:** (207) 834-2124

**Fee:** Yes

**Work Phone #:** (207) 834-5540

Negotiable

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 834-2723

**Other Charges:** Yes

**TTY #:**

**Email:** TAS2124@hotmail.com

**Web Page:**

1 **Topic Area:** Other -

**Service** ☒ Training or Workshop

**Name:** Providing Outstanding Customer Service

☐ Speaker

☐ Technical Assistance

**Description** This course provides the necessary basic customer service (satisfaction) skills to all levels of an organization. Results are less stress and improved teamwork. This presentation can be applied and modified to many settings, clinical and non-clinical.

2 **Topic Area:** Other -

**Service** ☒ Training or Workshop

**Name:** Communication to Improve Health Outcomes

☒ Speaker

☒ Technical Assistance

**Description** Good for various types of individuals who must interview and get information (motivational interviewing). May be clinical or non-clinical.

3 **Topic Area:** Other -

**Service** ☒ Training or Workshop

**Name:** Choices and Changes

☒ Speaker

☒ Technical Assistance

**Description** Develops clinician's skills in empowering individuals to make behavior changes. This course is useful for substance abuse, diabetes and weight loss management, even cardiac behavior changes. Reminds clinicians how influential they can be.

Tom has a Master's in Health Administration and is a Licensed Teacher and School Health Coordinator. He holds certificates in Human Resources and Management. Tom is available to facilitate programs for businesses and groups on conflict management, customer service and communication.

**Notes:**

# Saufler, Chuck

Bullyfree ME

**Regions Served:** Cumberland, Waldo / Knox / Lincoln /  
Sagadahoc, York

2 Maxwell St.

Bath, ME 04530

**Home Phone #:** (207) 442-0063

**Fee:** Yes

**Work Phone #:** (207) 443-9145

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:**

**Other Charges:** Yes

**TTY #:**

**Email:** csaufler@westbath.u47.k12.me.us

**Web Page:** <http://www.bullyfreeme.com>

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- |          |   |   |
|----------|---|---|
| <b>1</b> | <b>Topic Area:</b> Violence Prevention<br><br><b>Name:</b> Violence Prevention Program<br><br><b>Description</b> Workshops are designed to focus on all aspects of violence prevention, especially harassment of elementary school age children. Length of workshops can easily be designed from 1 hour to a full day depending on group needs. | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
| <b>2</b> | <b>Topic Area:</b> Adventure Based Prevention Program<br><br><b>Name:</b> Adventure Based Prevention Program<br><br><b>Description</b> Provides consultation and training for program providers, such as schools and community groups.  | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
| <b>3</b> | <b>Topic Area:</b> Violence Prevention<br><br><b>Name:</b> Bullying Prevention<br><br><b>Description</b> Staff training, consultation and program development.  | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |

Chuck Saufler has over 10 years of experience working in the field of adventure based prevention. He has provided workshops and training for the Maine Principal's Association, as well as numerous workshops for teachers, school administrators and parents. He has been coordinator of the Maine Project Against Bullying for the past 3 years.

**Notes:**

# Sequoia, Mitzi LMSW, RADDC, MHRT

Community Concepts Inc.  
126 York St.  
Rumford, ME 04276

**Regions Served:** All of Maine

**Home Phone #:** (207) 364-3813

**Fee:** Yes

**Work Phone #:** (207) 364-3721

Sliding Scale

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 364-3722

**Other Charges:** No

**TTY #:**

**Email:** msequoia@community-  
concepts.org

## Web Page:

1 **Topic Area:** Violence Prevention

**Service** ☒ Training or Workshop

**Name:** Violence Prevention

☒ Speaker

☒ Technical Assistance

**Description** Violence prevention trainings/speaker on topics  
such as personal safety, self esteem, self  
empowerment, brief therapy and trauma  
reaction response treatments.

**Notes:**

# Simone, Karen Pharm. D., DABAT

Northern New England Poison Center  
22 Bramhall St.  
Portland, ME 04102-3175

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 842-7220

Other

**Toll Free #:**

**Travel Expenses:** No

**Fax #:** (207) 773-8546

**Other Charges:** No

**TTY #:**

**Email:** simonk@mmc.org

**Web Page:**

- |          |   |  |
|----------|---|--|
| <b>1</b> | <b>Topic Area:</b> Substance Abuse Education for Staff/Other Adults   | <b>Service</b> <input type="checkbox"/> Training or Workshop |
|          | <b>Name:</b> Substance Abuse Education for Staff/Other Adults   | <input checked="" type="checkbox"/> Speaker                  |
|          |   | <input type="checkbox"/> Technical Assistance                |
|          | <b>Description</b> Discussion about current trends in illicit drugs, OTC medications and general substance abuse information. |  |

Karen Simone is a Pharm.D. with 10+ years of experience working in a poison center. She is also certified with the American Board of Applied Toxicology and can provide expert advice on toxicology. She is currently the managing director of the Northern New England Poison Center which covers the states of Maine and Vermont. Fees: A donation is requested for the Poison Center, but not required

**Notes:**

# Smith, Barbara M.Ed.

**Regions Served:** Cumberland, York

88 Park St. #34

Portland, ME 04101

**Home Phone #:** (207) 772-8539

**Fee:** Yes

**Work Phone #:** (207) 282-5957

Negotiable

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:** (207) 282-7983

**Other Charges:** Yes

**TTY #:**

**Email:** bsullivansmith@yahoo.com

**Web Page:**

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- |          |   |  |
|----------|---|--|
| <b>1</b> | <b>Topic Area:</b> Parenting for Prevention<br><br><b>Name:</b> Parenting for Prevention<br><br><b>Description</b> Presentation focuses on the damages of drug and alcohol use during pregnancy and the effects on the fetus.   | <b>Service</b> <input type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance            |
| <b>2</b> | <b>Topic Area:</b> Adolescent Chemical Dependency<br><br><b>Name:</b> Alcoholism and the Teenage Brain: How Kids Get Addicted<br><br><b>Description</b> Kids who drink before the age of 15 are four times more likely to develop the disease of alcoholism than teens who do not drink. This session explains the brain chemistry of addiction by showing how alcohol can decrease a teenager's ability to perform on tests, cause loss of motor skills, and make learning more difficult. | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
| <b>3</b> | <b>Topic Area:</b> Substance Abuse Education for Staff/Other Adults<br><br><b>Name:</b> Substance Abuse Education<br><br><b>Description</b> Presentation provides training on how substance abuse affects adults in the workplace and in the family.  | <b>Service</b> <input type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance            |

# Smith, Barbara M.Ed.

- |   |  |   |
|---|--|---|
| 4 | <b>Topic Area:</b> Talking to Kids About Drugs (For Parents)<br><br><b>Name:</b> Talking to Kids About Alcohol & Drugs<br><br><b>Description</b> 45% of all teens in Maine have tried alcohol by age 13. Alcohol is the number 1 drug problem for teens in America. This presentation will provide strategies and ideas on how to talk to your teen about the dangers of drug and alcohol use. | <b>Service</b> <input type="checkbox"/> Training or Workshop<br><br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
| 5 | <b>Topic Area:</b> Family Dynamics<br><br><b>Name:</b> Alcoholism and the Family<br><br><b>Description</b> This session will explain the impact of alcoholism on all members of the family, the roles family members assume when living with an alcoholic and ways in which to break the cycle of family addiction.  | <b>Service</b> <input type="checkbox"/> Training or Workshop<br><br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
| 6 | <b>Topic Area:</b> Substance Abuse Education for Staff/Other Adults<br><br><b>Name:</b> Alcohol Abuse: Its Effect on the Family<br><br><b>Description</b> This presentation provides training on how alcoholism effects all members of the family. Ways in which to break the cycle of family addiction will be addressed.   | <b>Service</b> <input type="checkbox"/> Training or Workshop<br><br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |

Barbara Smith, M.S. is a consultant and substance abuse educator who teaches about the brain chemistry of addiction, the impact of alcoholism on all members of a family, how to identify teens at risk, and the community resources available to help. Her services are available in Cumberland and York county.

Notes:

# Stark, Francine

Spruce Run Association  
P.O. Box 653  
Bangor, ME 04402

**Regions Served:** Piscataquis / Penobscot

**Home Phone #:**  
**Work Phone #:** (207) 945-5102  
**Toll Free #:** (800) 863-9909  
**Fax #:** (207) 990-4252  
**TTY #:**  
**Email:** francinejgs@yahoo.com

**Fee:** Yes

Negotiable

**Travel Expenses:** No

**Other Charges:** No

**Web Page:** www.sprucerun.net

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**1 Topic Area:** Violence Prevention

**Service** ☒ Training or Workshop

**Name:** Domestic Violence Project

☒ Speaker

☒ Technical Assistance

**Description** Provides information on the dynamics of domestic violence and the effects of abuse on the family, as well as information about appropriate responses to abuse and services available. Workshops can be customized for any audience.

The Maine Coalition to End Domestic Violence was formed in 1977 by women who joined together to help battered women and their children and to work toward ending domestic abuse in Maine. MCEDV consists of a state office and member projects, which together provide direct services (a 24-hour hotline system at each project; emergency shelter, referrals and information; court advocacy; support groups; and monitoring of batterer's education programs) as well as public information, technical assistance, and training for law enforcement agencies, medical professionals, and state and local entities in Maine. All of Maine's counties are served by domestic violence projects.

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**Notes:**

# Sterling, Lauren

Governor's Children's Cabinet  
State House Station 170  
AMHI Complex, CETA Bldg.  
Augusta, ME 04333-0170

**Regions Served:** All of Maine

**Home Phone #:** (207) 873-6205

**Fee:** No

**Work Phone #:** (207) 287-4349 13

**Toll Free #:**

**Fax #:** (207) 287-4375

**Travel Expenses:** No

**TTY #:**

**Other Charges:** No

**Email:** lauren.sterling@maine.gov

**Web Page:** [www.maine.gov/cabinet/homepage.htm](http://www.maine.gov/cabinet/homepage.htm)

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- |   |   |   |
|---|---|---|
| 1 | <b>Topic Area:</b> Grant Writing<br><br><b>Name:</b> Grant Writing<br><br><b>Description:</b> Call for information. Fee   | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
|   |   |   |
| 2 | <b>Topic Area:</b> Asset Development<br><br><b>Name:</b> The Asset Approach to Positive Youth Development<br><br><b>Description:</b> Provides an overview of national research-based 40 Developmental Assets approach to positive youth development. Provides national and Maine data to support youth serving organizations, clubs, groups and schools' need to incorporate approach into staff training and direct service to children and youth. | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
|   |   |   |
| 3 | <b>Topic Area:</b> Mentoring<br><br><b>Name:</b> College/Community Mentoring<br><br><b>Description:</b> Provides detailed plans for how to design, implement and evaluate a college/community mentoring program collaboration.  | <b>Service</b><br><input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
- 

**Notes:**



# Stern, Kate Executive Director

York County Child Abuse & Neglect Council,  
Inc.

62 Portland Rd, Suite 15

Kennebunk, ME 04043

**Regions Served:** York

**Home Phone #:**

**Fee:** No

**Work Phone #:** (20) 985-5975

**Toll Free #:**

**Travel Expenses:** No

**Fax #:** (207) 985-1758

**Other Charges:** No

**TTY #:**

**Email:** preventchildabuse@yccanc.org

**Web Page:** www.yccanc.org

- |          |   |   |
|----------|---|---|
| <b>1</b> | <b>Topic Area:</b> Other -<br><br><b>Name:</b> Child Abuse Prevention Program<br><br><b>Description</b> Provides educational programs for children about personal body safety and understanding what child abuse is and how it can be prevented.  | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |
| <b>2</b> | <b>Topic Area:</b> Parenting for Prevention<br><br><b>Name:</b> Parenting for Prevention<br><br><b>Description</b> Offers programs and activities for parents that provide support and information on the development of healthy, nurturing parenting skills. Workshops, conferences, professional development classes, and awareness presentations to community groups are also provided. The council also collaborates with other child advocates to enhance the well-being of children and families. | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |

The Council is dedicated to the prevention of child abuse in all its forms - physical, emotional, sexual and neglect. Serving York county.

**Notes:**

# Stevens, Jeri LCPC

Chandler Bay Resources  
60 Front St  
Waterville, ME 04901

**Regions Served:** All of Maine

**Home Phone #:** (207) 872-7558

**Fee:** Yes

**Work Phone #:**

Negotiable

**Toll Free #:**

**Travel Expenses:** Yes

**Fax #:**

**Other Charges:** No

**TTY #:**

**Email:** jeri@chandlerbayresources.com

**Web Page:** www.chandlerbayresources.com

- 
- |          |   |                |  |
|----------|---|----------------|--|
| <b>1</b> | <b>Topic Area:</b> Parenting for Prevention   | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|          | <b>Name:</b> Parents Working With Schools   |                | <input type="checkbox"/> Speaker                         |
|          | <b>Description</b> Training and workshops for both teachers and parent groups. Focus on how to get schools and parents to work together as a team to help meet the needs of children.                 |                | <input type="checkbox"/> Technical Assistance            |
| <b>2</b> | <b>Topic Area:</b> Other -  | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|          | <b>Name:</b> Stress: The Ultimate Toxin   |                | <input type="checkbox"/> Speaker                         |
|          | <b>Description</b> This stress management workshop will help individuals evaluate levels of stress, harm to the body, harm to relationships and work and will teach new skills for stress management. |                | <input type="checkbox"/> Technical Assistance            |
| <b>3</b> | <b>Topic Area:</b> Other -  | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop |
|          | <b>Name:</b> Communication Skills   |                | <input type="checkbox"/> Speaker                         |
|          | <b>Description</b> Workshops provide techniques on developing effective speaking and listening skills.  |                | <input checked="" type="checkbox"/> Technical Assistance |

Jeri Stevens is a Licensed Clinical Professional Counselor who has worked in the mental health field for 20 years. A major focus of her work is teaching people the necessary skills to help them make better life choices. Jeri works with both adolescents and adults.

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**Notes:**

# Tash, Renee

Mayo Regional Hospital  
Counseling Program  
897 W. Main St.  
Dover-Foxcroft, ME 04426

**Regions Served:** Piscataquis / Penobscot

**Home Phone #:**  
**Work Phone #:** (207) 564-4276  
**Toll Free #:** (800) 792-8242  
**Fax #:** (207) 564-4478  
**TTY #:**  
**Email:** rtash@mayohospital.com

**Fee:** Yes  
Negotiable  
**Travel Expenses:** Yes  
**Other Charges:** No

**Web Page:** www.mayohospital.com

- 
- |      |   |  |
|------|---|--|
| 1    | <b>Topic Area:</b> Substance Abuse Education for Staff/Other Adults<br><br><b>Name:</b> Here's Looking At You<br><br><b>Description:</b> "Here's Looking At You" is a curriculum- based (K-12) grade drug and alcohol prevention program offered to schools. The program is designed to educate teachers and staff members to be better equipped to educate youth in drug prevention. | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
| <br> |   |  |
| 2    | <b>Topic Area:</b> Other -<br><br><b>Name:</b> Be Proud Be Responsible<br><br><b>Description:</b> "Be Proud Be Responsible" provides safer sex education for sexually active teens who are also involved with drugs.  | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance     |
| <br> |   |  |
| 3    | <b>Topic Area:</b> Smoking Prevention<br><br><b>Name:</b> N.O.T. Program<br><br><b>Description:</b> Not On Tobacco is a smoking cessation/reduction program from the American Lung Association specifically designed for teens  | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance                           |

# Tash, Renee

4	<b>Topic Area:</b> Other -	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b> "Get Real About AIDS" HIV/AIDS Prevention		<input checked="" type="checkbox"/> Speaker
	<b>Description</b> "Get Real About AIDS" provides education concerning safer sex and risk reduction to youth that are not sexually active.		<input checked="" type="checkbox"/> Technical Assistance

Renee Tash has over 3 years of experience in the field of mental health and drug treatment. She holds an Associate's degree in Chemical Addiction Counseling and is a presenter and trainer in three HIV/AIDS Prevention Programs. Presently, Renee is the coordinator of Adolescent Services at Mayo Regional Hospital.

Notes:

# Troy, Carol

The Women's Project at PROP  
510 Cumberland Ave.  
Portland, ME 04101

**Regions Served:** All of Maine

**Home Phone #:**  
**Work Phone #:** (207) 874-1140 243  
**Toll Free #:** (800) 698-4959  
**Fax #:** (207) 874-1182  
**TTY #:**  
**Email:** ctroy@propeople.org

**Fee:** No  
**Travel Expenses:** No  
**Other Charges:** No

**Web Page:**

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- |   |   |                |   |
|---|---|----------------|---|
| 1 | <b>Topic Area:</b> Substance Abuse Education for Staff/Other Adults   | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop  |
|   | <b>Name:</b> Fetal Alcohol Syndrome/Fetal Alcohol Effects (FAS/FAE)   |                | <input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
|   | <b>Description</b> Workshops include information on the identification of, and increasing understanding of FAS/FAE, importance of prevention, services needed, resources and cost to individuals, families and communities.   |                |   |
|   |   |                |   |
| 2 | <b>Topic Area:</b> Parenting for Prevention   | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop  |
|   | <b>Name:</b> Alcohol-Related Birth Defects  |                | <input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
|   | <b>Description</b> An overview of the effects of alcohol on the developing fetus, Fetal Alcohol Syndrome and the current research on drinking during pregnancy.   |                |   |
|   |   |                |   |
| 3 | <b>Topic Area:</b> Parenting for Prevention   | <b>Service</b> | <input checked="" type="checkbox"/> Training or Workshop  |
|   | <b>Name:</b> Your Children and You in Early Recovery  |                | <input checked="" type="checkbox"/> Speaker<br><input checked="" type="checkbox"/> Technical Assistance |
|   | <b>Description</b> Provides parents in early recovery from substance abuse an understanding of the changing dynamics of the parent/child relationship. This 2-part workshop also focuses on relapse prevention and resources. |                |   |

# Troy, Carol

4	<b>Topic Area:</b>	Substance Abuse Education for Staff/Other Adults	<b>Service</b>	<input checked="" type="checkbox"/> Training or Workshop
	<b>Name:</b>	Prescription Drug Abuse	<input checked="" type="checkbox"/> Speaker	
	<b>Description</b>	Explains the scope of the prescription drug abuse problem, the types of prescription drugs being abused and how they may lead to addiction.	<input checked="" type="checkbox"/> Technical Assistance	

Speakers/Trainers are outreach nurses on the staff at Women's Project at PROP. They are educated and/or experienced in psych/mental health issues, substance abuse treatment, community health nursing, maternal-child health nursing and related issues. Two of the five nurses that work at Women's Project have an LADC plus BSN. Two have expertise in the field of fetal alcohol syndrome and fetal alcohol effects. All of the nurses are knowledgeable about barriers to treatment experienced by women.

Notes:

# Vassallo, Andrea

Healthy Kids  
P.O. Box 689  
Damariscotta, ME 04543

**Regions Served:** All of Maine

**Home Phone #:**

**Fee:** No

**Work Phone #:** (207) 563-1818

**Toll Free #:**

**Travel Expenses:** No

**Fax #:** (207) 563-6381

**Other Charges:** No

**TTY #:**

**Email:** lccanc@gwi.net

**Web Page:**

- 
- |   |   |   |
|---|---|---|
| 1 | <b>Topic Area:</b> Parenting for Prevention<br><br><b>Name:</b> How to Talk so Kids Will Listen<br><br><b>Description</b> This is a four week class designed to help parents develop better communication with their children, learn how to set effective limits, and develop positive discipline skills.   | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |
| 2 | <b>Topic Area:</b> Parenting for Prevention<br><br><b>Name:</b> Dignified Discipline Class<br><br><b>Description</b> This 1 1/2 - 2 hour workshop is designed to help parents learn how to avoid common power struggles and to discipline more effectively.   | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |
| 3 | <b>Topic Area:</b> Parenting for Prevention<br><br><b>Name:</b> Safe Touch/Problem Touch<br><br><b>Description</b> A personal safety program designed to teach assertiveness and body safety skills to children. This workshop is also available to parents who want to know how to protect their children from potentially dangerous situations. | <b>Service</b> <input checked="" type="checkbox"/> Training or Workshop<br><input checked="" type="checkbox"/> Speaker<br><input type="checkbox"/> Technical Assistance |

# Vassallo, Andrea

4      **Topic Area:**    Other -

**Service**    ☒ Training or Workshop

**Name:**    Recognizing & Reporting Abuse

☒ Speaker

**Description**    This program is designed for teachers and child care providers, though parents are always welcome. Topics discussed are recognizing signs of physical, emotional, and sexual abuse, the process of reporting abuse, and the role of the mandated reporter. Shaken Baby Syndrome and its prevention are also covered.

☐ Technical Assistance

Healthy Kids is the Child Abuse and Neglect Council of Lincoln County. We are one of sixteen county councils mandated to work towards preventing child abuse and neglect in the State of Maine. Healthy Kids, also houses the Lincoln Healthy Families Home Visiting Program. Healthy Kids is a non-profit 501(c)3 organization. All Healthy Kids services are provided free of charge.

Notes:



## ADDITIONS/CHANGES to the *Substance Abuse Prevention Resource Directory*

Please return this form to: Leanne Morin-Plourde, Office of Substance Abuse, Information and Resource Center,  
159 State House Station, Marquardt Building, AMHI Complex, Augusta, ME 04333-0159.  
**FAX: 287-8910** Questions? Please call 1-800-499-0027 or 287-8916.

Please use this form to submit additions or other changes to the *Substance Abuse Prevention Resource Directory*.

\_\_\_\_\_ Adding a resource \_\_\_\_\_ Correcting a resource \_\_\_\_\_ Deleting a resource \_\_\_\_\_ No Changes

Submitted by: \_\_\_\_\_ Phone #: \_\_\_\_\_

Provider's Name: \_\_\_\_\_

Organization's Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Toll Free #: \_\_\_\_\_ TTY# \_\_\_\_\_

Work Phone: \_\_\_\_\_ Web Address: \_\_\_\_\_

FAX #: \_\_\_\_\_ Email Address: \_\_\_\_\_

IF ADDING A RESOURCE: Please identify **one** Topic area for each program in which you provide services. Enter the topic number below and provide descriptive information. **Attach additional sheets if you want to list additional services that you provide.**

### Topic Areas

- 1 = Stages of Addiction
- 2 = Adolescent Chemical Dependency
- 3 = Adventure Based Prevention Programs
- 4 = Mentoring
- 5 = Asset Development
- 6 = Evaluation

- 7 = Family Dynamics
- 8 = Grant Writing
- 9 = Interactive Theater
- 10 = Music
- 11 = Parenting for Prevention
- 13 = Resiliency
- 14 = Ropes Course Programming
- 15 = Self-destructive Behavior

- 16 = Suicide Prevention
- 17 = Substance Abuse Education for Staff/Other Adults
- 18 = Violence Prevention
- 19 = Smoking Prevention
- 20 = Talking to Kids About Drugs (For Parents)
- 21 = Other - \_\_\_\_\_

# \_\_\_\_\_ Name: \_\_\_\_\_

Description: \_\_\_\_\_

Training/Workshops: Y N

Speaker: Y N

Technical Assistance: Y N

(Example: Onsite Support,  
Phone Consultation, Etc.)

# \_\_\_\_\_ Name: \_\_\_\_\_

Description: \_\_\_\_\_

Training/Workshops: Y N

Speaker: Y N

Technical Assistance: Y N

(Example: Onsite Support,  
Phone Consultation, Etc.)

Where will you provide services?

Statewide? Y N If not statewide, then in what Counties? \_\_\_\_\_

Do you charge a fee for services? Y N (Is it negotiable, sliding scale, free to non-profits, other: \_\_\_\_\_)

Do you request reimbursement for travel expenses? Y N Any other charges? Y N

Please include 2-3 sentences with additional biographic or other pertinent information.